

Erasmus+

AARHUS KOMMUNE

- Erasmus+
- Danish Agency for Higher Education
- Cooperation for innovation and the exchange of good practices
- Strategic Partnerships
- Strategic Partnerships for adult education
- Call 2020
- Round 1
- Grant Agreement Number 2020-1-DK01-KA204-075155
- Report Type Final
- Date of submission Beneficiary Report not yet submitted

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Main content:	Report Form
Number of attachments:	10

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General Information

General information about the project

This report form generated from the Mobility Tool+ consists of the following main sections:

- General Information: General information about the project
- Inactive Organisations within Project Activities
- Context: this section resumes some general information about your project;
- Project Summary: this section summarises your project and the organisations involved as partners;
- Description of the Project: in this section, you are asked to give information about the objectives and topics addressed by your project;
- Project Management
- Implementation: this section asks for information about all the stages of the project: implementation of main activities including practical arrangements, participants' profile, impact, dissemination of the results and future plans;
- Follow-up
- Budget: this section gives a detailed overview of the final amount of the EU grant you request;
- Annexes: additional documents that are mandatory for the completion of the report;

For your convenience, some parts of this report are prefilled with information from the Mobility Tool+

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Inactive Organisations within Project Activities

This section doesn't apply for this project

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1. Context

this section resumes some general information about your project;

Programme	Erasmus+
Key-Action	Cooperation for innovation and the exchange of good practices
Action	Strategic Partnerships
Action Type	Strategic Partnerships for adult education
Main Objective of the project	Innovation
Call	2020
Round	Round 1
Report Type	Final
Language used to fill in the form	EN

1.1. Project Identification

Grant Agreement Number	2020-1-DK01-KA204-075155
Project Title	Digital Tools and Methods for Safe Transfer Techniques for Caregivers in Today's Health Care Sector
Project Acronym	STTech
Project Start Date (dd-mm-yyyy)	01/09/2020
Project End Date (dd-mm-yyyy)	30/06/2022
Project Total Duration (months)	22
Beneficiary Organisation Full Legal Name (Latin characters)	AARHUS KOMMUNE

1.2. National Agency of the Beneficiary Organisation

Identification Danish Agency for Higher Education	
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For further details about the available Erasmus+ National Agencies, please consult the following page:

https://ec.europa.eu/programmes/erasmus-plus/contact_en

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2. Project Summary

this section summarises your project and the organisations involved as partners;

Please provide short answers to the following questions, summarising the information you have provided in the rest of the report.

Please use full sentences and clear language. The provided summary will be made public by the European Commission and the National Agencies.

Background: Why did you apply for this project? What were the needs you have addressed?

The group of partners applied for funding of the STTech project to reduce work injuries on caregivers caused by transfers of patients with disabilities. A former project in Denmark showed the possibility of reducing work injuries with 36%. The STTech project wanted to build on this experience, go even further and develop new digital tools for teaching safe transfer techniques.

The needs for focus on caregivers work environment was well known in the partner countries. The older population is increasing, which is a global tendency and it will cause a larger number of older adults in need of assistance from a shrinking younger population.

Analysts and governments agree that our societies will not be able to afford the current care model with the available funding. As the population structure shifts, most European countries will face, two challenges:

- 1) the cost of supporting older people will rise, and
- 2) the professional caregivers will be insufficient to support those in need of help.

This scenario clearly highlights the urgent need for solutions able to reduce costs, to lower the workload of caregivers and to offer effective assistance to older adults.

Objectives: What did you want to achieve by implementing the project?

The overall and long-term goal of the STTech project was to reduce the numbers of work injuries for caregivers related to transfer situations.

The objectives to meet this long-term goal were to:

- extent and develop the competences of educators and others who teach adult caregivers
- increase transferability from training/classroom to everyday work
- focus on the safety and rehabilitative approach for the patient/resident in transfer situations
- develop new digital tools and methods for teaching safe transfer techniques
- develop a Peer Learning model
- implement assisted living technology to reduce work injuries
- create a hosted and maintained website for free access to the developed digital tools, guidelines and interactive handbook in the project.

Implementation: What activities did you implement?

The activities of the STTech project were:

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- 5 planned Transnational Project Meetings, some of them were online due to Covid19 and some face-to-face.
- 1 extra Transnational Project Meeting in Denmark, that contained a lot of "hands on" workshops using Safe Transfer Techniques.
- 5 Multiplier Events one in each partner country, some of them were online due to Covid19 and some face-to-face.
- · Several dissemination activities in the partner countries workshops, summits, conferences, meetings on local, regional, and national level.

Results: What concrete outputs and other results did your project produce?

The concrete outputs that the STTech project produced is a co-creation of 4 outputs, which all have been published on the STTech's website with easy and free access for everyone interested. All outputs have been translated to Croatian, Swedish, Greek, Spanish, Danish and English.

The 4 outputs are:

- 1. "GUIDELINES AND TOOLKIT" which consists of recommendations for health professionals/caregivers to reduce the number of transfer related work accidents using safe transfer techniques and a collection of templates of tools, published as word documents on the website to make it easy for teachers/practitioners to adjust the tools to the context they need.
- 2. "DIGITAL TOOLS" which consists of 2 digital tools created to improve the way of teaching safe transfer techniques to students/caregivers. The 2 digital tools are Virtual Reality and E-learning programs.
- 3. "INTERACTIVE HANDBOOK" and "WEB VISIT SPOT" which consists of an Interactive Handbook, presenting a Peer Learning Model. The Web Visit Spot, a communication platform for everyone interested.
- 4. "OPEN EDUCATIONAL RESOURCES" which consists of a user-friendly website containing the digital tools of the project: Guidelines, VR, E-learning and Interactive Handbook.

Please provide a translation of your project summary in English.

2.1. Summary of participating organisations

Role of the Organisation	Organisation ID	Name of the Organisation	Country of the Organisation	Type of Organisation	Accreditation of organisation (if applicable)	Partnership Entry Date	Partnership Withdrawal Date
Beneficiary	E10183579	AARHUS KOMMUNE	Denmark	Local Public body		01/09/2020	30/06/2022
Partner	E10137375	College of Applied Sciences Lavoslav Ruzicka in Vukovar	Croatia	Higher education institution (tertiary level)		01/09/2020	30/06/2022
Partner	E10057751	CYENS - CENTRE OF EXCELLENCE	Cyprus	Research Institute/Centre		01/09/2020	30/06/2022
Partner	E10178517	VIA UNIVERSITY COLLEGE	Denmark	Higher education institution (tertiary level)		01/09/2020	30/06/2022

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Partner	E10158141	FUNDACION UNIVERSITARIA SAN ANTONIO	Spain	Higher education institution (tertiary level)	01/09/2020	30/06/2022
Partner	E10251013	Västerås stad, vård och omsorgsförvaltningen	Sweden	Public service provider	01/09/2020	30/06/2022

Total number of participating organisations	6
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2.2. Associated Partners

In addition to the above formally participating organisations, did you involve associated partners in your project? No

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3. Description of the Project

in this section, you are asked to give information about the objectives and topics addressed by your project;

Please provide a summary of your project's concrete results and achievements. Were all original objectives of the project met? Please comment on any objectives initially pursued but not achieved and describe any achievements exceeding the initial expectations.

The partners of the project developed in co-creation 4 outcomes, they have all been published on the STTechs website with easy and free access for everyone interested. All outcomes have been translated to Croatian, Swedish, Greek, Spanish, Danish and English.

- 1. "GUIDELINES AND TOOLKIT" (online tool) fulfilling the objectives:
- · Extent and develop the competences of educators and others who teach adult caregivers
- Increase transferability from training/classroom to everyday work
- Implement assisted living technology to reduce work injuries

The Guidelines consists of:

- 1. Guidelines recommendations for health professionals/caregivers to help them reduce the number and severity of transfer musculoskeletal disorders using methods that have been found to be successful. It includes Basic Principles, Communication, Recommendations in work environment.
- 2. Tools tools for easier decision making by the health professional or caregiver. It includes Transfer algorithms, Risk assessment tools, Assessments of functional level and Fall protocol.
- 3. Teaching modules templates for planning education in safe transfer techniques with integrated digital tools and face-to-face class activities planned from peer-to-peer teaching principles.

 The Toolkit consists of:

A collection of templated for the tools presented in the Guidelines - published as word documents to make it easy for the teacher/practitioner to adjust the tools to the context they need.

- 2. "DIGITAL TOOLS" fulfilling the objectives:
- · Focus on the safety and rehabilitative approach for the patient/resident in the transfer situation
- Develop new digital tools and methods for teaching safe transfer techniques

It consists of two digital tools created to improve the way of teaching safe transfer techniques to students/caregivers. The two digital tools are a Virtual reality program and an E-learning program.

- 1.Virtual Reality Program to train students/practitioners in situations where the citizen/patient has fallen. Accessible from android phones.
- 2. E-learning Program to train students/practitioners in basic principles of Safe Transfer Techniques The e-learning modules can be used as a self-paced activity before onsite training. The course is accessible from computers and mobile devices.
- 3. "INTERACTIVE HANDBOOK" and "WEB VISIT SPOT" fulfilling the objectives:
- Increase transferability from training/classroom to everyday work
- Develop a Peer Learning model
- Implement assisted living technology to reduce work injuries

It consists of:

- 1. The Interactive Handbook contains ways of transferring the knowledge applying theory part from IO1(Guidelines) and practical part by using tools (VR and E-learning) from IO2 as a new way of training adults (caregivers) using peer-to-peer learning.
- 2. The Web Visit Spot is a communication platform for everyone interested. The users can chat with each other, ask questions, or share knowledge on safe transfer techniques.
- 4. "OPEN EDUCATIONAL RESOURCES" fulfilling the objectives:
- · Create a hosted and maintained website for free access to the developed tools in the project

It consists of:

A well-designed and user-friendly website containing all the digital tools of IO1 (Guidelines), IO2 (VR and e-learning) and IO3 (Interactive Handbook and Web Visit Spot) from the STTech project.

The website is hosted by Aarhus Municipality, which ensures sustainability, and the website will be maintained beyond the end of the project for at least 5 years.

The website is a platform that makes it possible for anyone interested to download and adjust the newly developed digital tools for learning safe transfer techniques free of charge and find contact information for the partners of STTech. The language of the website in general is English, but all digital tools on the website has been translated to 6 languages Croatian, Swedish, Greek, Spanish, Danish and English.

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All objectives were met.

The funding from Erasmus+ did not include shooting new professional videos for the e-learning program, the plan was to reuse older videos and make some ourselves (without expertise in the field), but with additional funding from the Municipality of Aarhus for videomaking, we managed to make all new professional videos (25) and to create some animations, which has made the e-learning program even better than anticipated.

Besides that, we have grown a strong bond between the partners, and we will keep in contact and - if possible - create new or spin off projects together in the future.

In what way was the project innovative and/or complementary to other projects already carried out?

This project was based on a recent state of the art project in Municipality of Aarhus, Denmark, which proved it possible to reduce work injuries caused by transfers by 36%. The findings in the Danish project were the foundation of the STTech project and building on the experience from the former project the STTech developed the 4 outcomes (listed above).

The innovative in the project was to develop digital tools, which have not been used before for teaching safe transfer techniques in any of the partner organisations. It became even more relevant during the project than we first anticipated, because the Covid19 pandemic forced transfer education to be "on the distance". E-learning and Virtual Reality made that a possibility.

The development of adjustable templates for teachers to make it possible for them to develop their own teaching programs and learning methods was innovative and not tried before in any of the partner organisations.

The partnership consisted of partners on different levels, experience, and perspectives on safe transfer techniques and from different kinds of organizations (3 universities, a research center of interactive media, a municipality and a rehabilitation center). This turned out to be one of the strong sides of the project - partners could support each other with their different forces. The partners build a bridge between the education and the way it is used in practice in a health care workers work life as well as between the different countries.

What was the most relevant horizontal or sectoral priority addressed by your project?

ADULT EDUCATION: Extending and developing the competences of educators and other personnel who support adult learners

What were the other relevant horizontal or sectoral priorities addressed by your project? (Multiple selection possible)

- HORIZONTAL:Innovative practices in a digital era
- ADULT EDUCATION: Improving and extending the supply of high quality learning opportunities tailored to the needs of individual low-skilled or low-qualified adults

In case the above selected priorities are different from the ones in the application, please explain why.

What were the most relevant topics addressed by your project? (Multiple selection possible)

- ICT new technologies digital competences
- New innovative curricula/educational methods/development of training courses
- Pedagogy and didactics

In case the selected topics are different from the ones in the application, please explain why.

3.1. Participants

Please briefly describe how you selected and involved participants in the different activities of your project.

Each partner selected the relevant participants from their organization to work on the Intellectual Outputs and to participate in the TPMs as well as the LTT (which was unfortunate cancelled)

The project did not set up a specific frame for selecting participants, but encouraged the project managers from each

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partner to select the participants who were passionate about safe transfer techniques and work environment for health care workers. It was also a must for the participants to be able to understand a minimum of English, which was the working language in the intellectual outputs.

The Project Management Board discussed and decided before each TPM which skills the participants in the next TPM should have - what would be relevant according to the agenda of the meeting.

The participants of the Multiplier events were not "selected", but from outside the partner organizations. Specific skills or knowledge of English were not required since all multiplier events were held locally and in the native language of the country.

Participants with fewer opportunities: did your project involve participants facing situations that make their participation more difficult?

No

Approximately, how many persons not receiving a specific grant benefited from or were targeted by the activities organised by the project (e.g. members of the local community, young people, experts, policy makers, and other relevant stakeholders)? Please enter the number of persons here:

1142

Please describe briefly how and in which activities these persons were involved.

They have benefited from the following activities organised by the project or by the partner organizations:

- Multiplier events
- Access/using to the application via google play
- · Access/using to e-learning via website
- · Access/using to Guidelines and Toolkit via website
- Access/using to Interactive Handbook via website
- Workshops
- Summits
- Conferences
- Testing the prototypes of the e-learning
- · Feedback and evaluation from dissemination activities

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4. Project Management

How did you ensure proper budget control and time management in your project?

Each partner was asked to deliver timesheets for their intellectual output activities, these were checked by leading partner to match the agreed activities and workdays.

Some of the travel expenses applied for to the TPMs and LTT were not spend and according to the "Addendum to the Grant Agreement" leading partner applied for transfer of up to 60% to other budget categories. Primary to the IO category to focus even more on the development of the products and for extra focus on implementation of them.

At Project Management Board meetings held each month the relevant economic topics were discussed.

At the beginning of the project each partner signed a contract that stated the agreements on 3 rates of payments from lead partner to the other organizations. The final rate to the partners is still to come and depending on the approval of Final Report.

Monitoring: How were the progress, quality and achievement of project activities monitored? Please describe the qualitative and quantitative indicators you used. Please give information about the involved staff, as well as the timing and frequency of the monitoring activities.

The highest decisional entity of the project management was the Project Management Board (PMB). Each partner had one representative on the board. The PMB was chaired by the leading partner (Municipality of Aarhus).

The PMB made the strategic decisions during the project and sorted out any issues arising during the project. The PMB monitored and managed possible risks. The PBM had an online monthly meeting and also met at Transnational Project Meetings.

The PMB members monitored progress of the activities according to the plan and made sure to meet the deadlines of the partner they represented. They were also informed and accepted when deadlines had to be pushed during the project.

They were responsible for sharing relevant information from the lead partner/other partners with their organization and to invite the relevant persons to joint meetings. Each PMB member was the main contact person of their organization - and received all information from the lead partner.

The lead partner had an extra responsibility for monitoring the progress and quality of the IOs. For each IO the form of this monitoring was agreed between the lead partner and the project manager of the IO. The form differed a bit fra IO to IO, but mostly there was a start up meeting in the beginning of the IO and weekly or monthly meetings afterwards. These meetings were to discuss the progress of the IO following the described activities in the application, the deadlines/timeline/milestone of each activity, the involvement of the other partners and their contributions to the activities. The meetings were also consultant sessions to ensure the quality of the products of the IO.

Qualitative indicators of progress, quality and achievement:

- evaluation of local activities. Information collected in surveys by the responsible board member of the IO.
- evaluation of each intellectual output when finished by the responsible board member. The intellectual output were also reviewed at TPMs.
- evaluation of local multiplier events. Information collected by surveys handed out among the participants at the event/electronic evaluation. The hosting partner organization was responsible for this. The multiplier events were reviewed at TPMs.
- The TPMs were evaluated by the end of each meeting. The hosting partner organization was responsible for this.

The abovementioned surveys concerning qualitative indicators asked the participants their subjective opinion on e.g.: "Was this activity relevant for me? Did this activity meet my expectations? Am I overall satisfied with this activity? Did I learn something new? Will this change the way I work with/teach transfer techniques".

Quantitative indicators of progress and achievement:

The 4 intellectual outputs were indicators:

IO1 Guidelines and Toolkit, IO2 Digital Tools (VR and e-learning programs), IO3 Peer Learning Model (interactive handbook), IO4 Open

Educational Ressources (website).

- the final product of each output was monitored by the responsible board member as well as at the TPMs and lead partner.
- start and finish dates for the IOs were monitored by the responsible board member, at the PBM and lead partner.
- start and finish dates for the activities within each Intellectual Output were monitored by the responsible coordinator

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and lead partner.

The Transnational Projects meetings (TPM) were indicators:

- 6 transnational project meetings were held (some were due to Covid19 held online), attended by the board member of each partner organization. The hosting partner was responsible for inviting and providing an agenda in collaboration with the lead partner.
- Summaries of the TPMs were done and distributed among partners within 1 month of the meeting. The hosting partner was responsible for this.

Multiplier events were indicators:

- Each partner arranged a local multiplier event with a minimum of 20 local participants and documented the number of participants, agenda and activities.

The budget was controlled by the lead partner, this was an ongoing process.

Evaluation: How did you evaluate to which extent the project reached its results and objectives? What indicators did you use to measure the quality of the project's results?

The objectives in the project were:

- to extent and develop the competences of educators and others who teach adult caregivers
- to increase transferability from training/classroom to everyday work
- to focus on the safety and rehabilitative approach for the patient/resident in the transfer situation
- to develop new digital tools and methods for teaching safe transfer techniques
- to develop a Peer Learning model
- to implement assisted living technology to reduce work injuries
- to create a hosted and maintained website (during and beyond the end of the project) for free access to the developed tools, guidelines and models in the project

Results

There were 5 final results of the project linked to the objectives:

The final result of the objectives:

- to increase transferability.
- focus on safety and rehabilitation for the resident
- · implement assisted living technologies

was "Guidelines and Toolkit for Safe Transfer Techniques" developed in IO1.

The different activities of IO1 were an ongoing evaluation and quality check of the product between the partners. The guidelines and toolkit were presented at the Multiplier Events for people outside the partner organizations, their response to the output were collected by survey to evaluate on the indicators of relevance and useability. Their response was very positive (see Multiplier Events).

Each partner presented the output of IO1 to their own organization.

The final results of the objective

· to develop new digital tools

was a virtual reality (VR) program and an e-learning program developed in IO2.

The different activities of the of O2 were an ongoing evaluation and quality check of the product between the partners. The VR and e-learning were presented at the Multiplier Events for people outside the partner organizations, their responses to the output were collected by survey to evaluate on the indicators of relevance and useability. Their response was very positive (see Multiplier Events).

Each partner presented the output of IO2 to their own organization.

The final result of the objective

· to develop a Peer Learning model

was an interactive handbook developed in IO3

It was tested and evaluated during the different activities of IO3. The Interactive Handbook were presented at the Multiplier Events for people outside the partner organizations, their responses to the output were collected by survey to evaluate on the indicators of relevance and useability. Their response was very positive (see Multiplier Events). Each partner presented the output of IO3 to their own organization.

The final results of the objective

• to create a hosted and maintained website (during and beyond the end of the project) for free access to the developed tools, guidelines and models in the project

was a website hosted and maintained by the Municipality of Aarhus during and beyond the project.

The content of the website are the results of O1, O2 and O3. The design, uploading of the results and launching of the website were developed in IO4 and was tested and re-tested by all partners for relevance, useability and for being user friendly.

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The partners all met in the "TPM 1&2 second round" at the end of the project, which was transformed to a "mini LTT" with a lot of "hands on workshops" testing all the outputs of IO1, IO2 and IO3 - the evaluation of this meeting was very positive as for useability and implementation of the tools.

If relevant, please describe any difficulties you have encountered in managing the implementation of the project and how you and your partners handled them. How did you handle project risks (e.g. conflict resolution processes, unforeseen events, etc.)?

First of all the cooperation in the project went very well.

Covid19 was a big challenge for the project and many activities had to be changed, postponed and some cancelled. We tried to manage as good as possible and find alternative solutions, fx meeting online and postponing meetings/activities and also extend the project for 2 months.

What we missed the most was for the partners to meet in person in the beginning of the project - which was canncelled due to Covid19. We will recommend all future projects to have a kick off meeting in person.

Everything that had to be changed was discussed and decided by the Project Management Board (PMB) on virtual monthly meetings, where all partners were represented.

A survey of the management of the project concluded that the partners did not experience any conflicts among each other. There was a good communication and the partners felt heard and welcomed into the cooperation in the project - below are some responses from the partners:

- · "Everything was well managed in the project"
- "Everything. The project run very smoothly"
- "I think the coordinator has worked very well: she has been efficient and friendly and has achieved the objectives of the project even with the difficulties of the pandemic. She has handled the delays and cancellations of events with prudence and good spirits"

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5. Implementation

this section asks for information about all the stages of the project: implementation of main activities including practical arrangements, participants' profile, impact, dissemination of the results and future plans;

Please describe the project activities and expenses covered with the Project Management and Implementation grant. If the requested amount is different from the automatically calculated one based on the project duration, please explain why.

Management Activities

Meetings (preparing + summary)

Contracts

Correspondence

Budget/economy/transfers

Mobility Tool - registration

Project Management Board meetings

Timesheets (filling out/checking)

Multiplier Event (preparing, executing, follow up)

Transnational Project Meetings (preparing, executing and follow-up)

Booking of transportation/accommodation

Preparing Info-package for partners

Preparing "Welcome" packs for partners

Preparing Certificates for attendants

Dissemination on FB, LinkedIn, and Twitter

Dissemination in Erasmus Days

Logistic for Project meetings

Preparation of Press releases, Radio and TV interviews

Developing templates/questionnaires/evaluation forms for different activities

Planning dates/meetings

Apply for project extension as well as transferring of funds from one category to another

Managing shared google drive

Develop logo for the project

Writing final report

administering project documentation

Arrangement of catering (conference and transnational project meetings)

Time allocation for staff members

Obtain signature from legal representative on relevant documents

Writing report for multiplier event

Writing report for implemented project activities

Bookmarks with QR code for the project's website

Please describe the methodology you applied in your project.

The project used a participatory methodology with focus on co-creation, co-working, user involvement, user-centered design, and peer reviews.

Throughout the project the methodology has been to include and involve the partners/participants as much as possible. The intension was that everyone working directly on the project or who were involved in parts of the project activities felt ownership of the outputs and took pride in disseminating and implementing them in their work life.

It was a co-creating approach to create the outcomes, everyone was a part of it and everyone was heard.

The methods of co-creating were facilitated workshops, surveys and focusgroup interviews.

How did the project partners contribute to the project? Please detail specific contributions made by the partner organisations.

The structure of the project was activity based, each of the 4 intellectual outputs consisted of 3 - 9 project activities. All partners contributed to all outputs to share knowledge and emphasize the exchange of good practices.

IO1 Guidelines and Toolkit - responsible partner VIA University College, Denmark.

The partners contributed to the Guidelines and Toolkit through focus group interviews. Each partner gathered a group of relevant participants for the interview, which was conducted online by the responsible partner. The participants were

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occupational- and physiotherapists, nurses, healthcare workers and the project manager of each partner organization, all together about 25 people participated in the focus groups interviews - all experts on the subject. During the 6 interviews (the responsible partner also interviewed relevant participants of their own organization) the following topics were covered: Teaching modules, safe transfer techniques, tools and algorithms, didactic and pedagogical theory, peer learning as well as input for IO2, IO3 and IO4.

IO2 Digital tools - development of Virtual Reality (CYENS, Cyprus) and e-learning (AAK, Denmark).

- A co-creation approach was followed in order to create the virtual reality e-resources. Experts on clinical skills, learners, academics, health care professionals and caregivers was gathered in 2 participatory workshops to envision and co-create specification/scenarios for the e-resources about 20 participant, which the final VR programme was developed from.
- Inputs for the scenarios for the e-learning were generated at the TPM1+2 as well as in the focusgroup interview of IO1. All partners were asked to define scenarios for the videos in the e-learning they found important to include. The content was developed in close collaboration with subject matter experts, teachers and learners/caregivers (end users) within the field.

IO3 Interactive Handbook and Web Visit Spot - responsible partner VEVU, Croatia.

The partners contributed to the Interactive Handbook and Web Visit Spot in a survey/questionnaire.

The participants were occupational- and physiotherapists, nurses, healthcare workers and the project manager of each partner organization all experts on the subject. The following topics were covered:

Needs regarding the interactive handbook, expectations of the handbook, expected learning outcomes, expected target groups, where to implement the handbook, peer learning methodology, peer learning activities, evaluation, web visit spot expectations/form/platform?

IO4 Open Educational Resources - responsible partner Västerås, Sweden.

The partners contributed to the website - which was the output of IO4. At the website all the outcomes of IO1, IO2 and IO3 are presented and much more.

The website was reviewed in a survey/questionnaire as well as in workshops at the final TPM. The participants were occupational- and physiotherapists, nurses, healthcare workers and the project manager of each partner organization all experts on the subject. The following topics were covered: userfriendly, easy to access and navigate in.

Contributions from the partners also included reviewing all the outcomes along the way and evaluating them.

How did you communicate and cooperate with your partners? What are the positive and negative elements of the cooperation process? What would you improve if you were to carry out a similar project in the future?

The main communication was virtual (Skype or TEAMS).

Email and messenger has also been used for communication and all documents and outputs have been uploaded in a shared Google Drive folder.

The digital way of communicating was a familiar way of communicating for all the partners and it has proven a good and smooth way to communicate during the project.

It was used for formal meetings as well as informal communication in coordinating all the project activities within management, intellectual outputs, multiplier events etc.

Face-to-face communication

During the project the partners managed to meet 3 times in person, but not all partners could travel to the first meeting due to covid19 restrictions. This added an extra dimension to the "get-to-know-each-other" and creating relations which also had a positive impact on the cooperation, the exchange of knowledge and mutual learning.

The cooperation process:

There was one lead partner for each IO - this person ensured collecting data, knowledge and inputs for the IO as well as review and evaluation of the outcome among all partners.

The lead partner of each IO also had monthly or weekly meetings with the lead partner (coordinator) to keep things on track. Most of the time the partners contributed within the agreed deadlines, if not the coordinator sent out a reminder and all responded.

It was a nice group of people and we had no problems working together.

Improvements:

Maybe an even sharper timeline and communication about it a long time in advance to make sure all partners have enough time to respond.

A kick off meeting in person in the beginning of the project to improve even more the working-relations among the

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partners (which was planned in this project, but not possible due to Covid19).

What target groups were addressed in your activities plan? Were the target groups changed in comparison to the ones identified in the application form?

The target groups identified in the application form were:

- Primary target group are educators and teachers who are teaching safe transfer techniques in universities and peer-to-peer in e.g. nursing homes. It will be associated professors and physiotherapists/occupational therapists/nurses.
- Secondary target group are the caregivers (both professional public servants and private ones) in the nursing homes, they will benefit from the higher level of introduction to safe transfer techniques, that the STTech project is offering.

The target groups in the activity plans in the project did not differ from the ones described in the application. The above mentioned professions are the people who has been involved in developing the project as well as participating in multiplier events as well as workshops during the project.

If relevant for your project, did you use or do you plan to use Erasmus+ online platforms (e.g. EPALE, School Education Gateway, eTwinning) for the preparation, implementation and/or follow-up of your project? If yes, please describe how.

A description of the projects background, needs, objectives, activities, methodology, results, impacts and potential longer-term benefits has been posted at EPALE along with a link to the projects website where all the products of the IOs have been uploaded. To ensure open educational resources and accessibility for everyone interested in the subject of the project.

5.1. Transnational Project Meetings

This table reflects the information entered in Mobility Tool+. If you would like to change it please do it in the corresponding Mobility Tool+ section. The information presented here will be automatically refreshed after that.

Meeting ID	75155-TPM-00001
Meeting Title	TPM1 Kick Off
Description of the meeting	TPM 1 Purpose The purpose of this meeting was for the partners to meet in person and present themselves and their organizations to each other. Also to get an overall introduction to the project and to see the premises of the Educational Center of the Municipality. Each partner also presented their obligations in the project (leader of IOs, MEs and LTT) and pinpointed their expectations of contributions from the other partners. Furthermore, the Danish National Agency explained the Dissemination and visual identity rules, Financial duties and rules within Erasmus+. The IO1 activities and timeline was presented and discussed. Outcome / evaluation All purposes of the meeting were met, except the fact that the partners due to COVID19 did not get to meet in person or see the Educational Center of the Municipality of Aarhus - the TPM1 was converted to an online meeting. The meeting was evaluated by the end of the meeting and at the next-coming board meeting in the project. The conclusion of the evaluation was that the meeting was good. The participants said: well structured, very well organized, a lot of valuable information. They would also have liked longer breaks and more exercise during the meeting. Agenda • Official welcome by local authorities and EU officer • Introduction to consortium partner organizations • Review of meeting program • Review of project aims and changes: from submitted proposal to approved project. • Review of Intellectual Outputs per partner organization leader • Dissemination and visual identity rules • Financial duties and rules within Erasmus+ • Review of multiplier events • Review of calendar • Update on Intellectual Output 1 • Next TPM review • Last agreements, conclusions, and evaluation Changes / Special circumstances Unfortunately, it was not possible to meet it person and the meeting was converted to an online meeting. This meant that the participants were not as familiar with each other from the beginning, as we had wished for. It also meant that it was not possible for the particip
Start Date	29/10/2020
End Date	29/10/2020
Receiving Organisation	AARHUS KOMMUNE

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Receiving Country	Denmark
Receiving City	ARHUS C
No. of Participants	17

Meeting ID	75155-TPM-00002
Meeting Title	TPM 2
Description of the meeting	The TPM meeting was converted to an online meeting due to Covid19 and the timeperiod shortened to 1 day. The purposes of this meeting were for the partners to see the premises of VIA University College, to get information from a journalist on how to make interesting posts on social media, texts for the website and for local newsletter etc. To present the IO1 activities, challenges, results, and findings and discuss these - as well as present a timeline for the last activities of the IO1. To present the activities and timeline for IO2 and pinpoint the expectations of contributions from the other partners. To present the status of ME1 (Denmark). Outcome / evaluation: All purposes of the meeting were met, except the fact that the partners due to COVID19 did not get to meet in person or see the premises of VIA University College as the TPM2 was converted to an online meeting. The meeting was evaluated by the end of the meeting and at the next-coming board meeting in the project. The conclusion of the evaluation was that the meeting was good. The participants said: This meeting was a breakthrough - now direction, considerations, and practical part of the project is clear. Everything is much clearer now and it's great that we now know each other (positions, names etc). Its nice that concrete material was presented. Agenda • Official welcome by local authorities • Review of meeting program • Presentation of VIA University College • Dissemination of videos/pictures/text on social media and website • Review of Intellectual Output 1 • Update on Intellectual Outputs • Update on multiplier events • Next TPM review • Last agreements, conclusions, and evaluation Changes / Special circumstances Unfortunately, it was not possible for the participants to see the VIA University College as planned - but on the other hand more people could participate. Participants All the organizations were represented by their project manager as well as their own choice of relevant participants - as a minimum those who were involved in IO1 and w
Start Date	26/01/2021
End Date	26/01/2021
Receiving Organisation	VIA UNIVERSITY COLLEGE
Receiving Country	Denmark
Receiving City	AARHUS N
No. of Participants	15

Meeting ID	75155-TPM-00003
Meeting Title	TPM 3
Description of the meeting	The TPM 3 was converted to an online meeting due to Covid19 and the timeperiod shortened to 1 day The purposes of this meeting were for the partners to see the premises of the UCAM University. To present the IO2 (e-learning and VR) activities, challenges, results, and findings and discuss these - as well as present a timeline for the last activities of the IO2. To present the activities and timeline for IO3 and pinpoint the expectations of contributions from the other partners. To present the ongoing work of IO4. To present the results of ME1 evaluation (Denmark). To present agenda and new dates for the LTT (postponed due to Covid19). To present the plans for ME2 (Spain) and the UCAM resources for online distance learning (simulation room). Outcome / evaluation: All purposes of the meeting were met, except the fact that the partners due to COVID19 did not get to meet in person or see the premises of UCAM University because the TPM3 was converted to an online meeting. The meeting was evaluated by the end of the meeting and at the next-coming board meeting in the project. The conclusion of the evaluation was that the meeting was good. The participants said: good and clear information, well structured. Good to meet everyone online again. Agenda • Official welcome by local authorities and UCAM authorities • Project overview • E1: Review of results (27th May) • O2: Review of results • O3: Review of preparatory works (Sept-Dec) • O4: presentation of ongoing works • O4: UCAM resources for online distance learning • LTTA (Agenda + Community simulation room Video) • E2: Multiplier Event Spain 29.06.2021 • TPM4 review • Last agreements and conclusion. Changes / Special circumstances Unfortunately, it was not possible to meet in person and the meeting was converted to an online meeting. It meant that it was not possible for the participants to see the UCAM as planned • but on the other hand more people could participate. Participants All the organizations were represented by their project manager as well as their own choi

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Start Date	23/06/2021
End Date	23/06/2021
Receiving Organisation	FUNDACION UNIVERSITARIA SAN ANTONIO
Receiving Country	Spain
Receiving City	MURCIA
No. of Participants	14

Meeting ID	75155-TPM-00004
Meeting Title	TPM4
Description of the meeting	Purpose The purposes of this meeting were for the partners to meet in person and to see the premises of the VEVU University. To present the IO2 (e-learning and VR) activities, challenges, results, and findings and discuss these - as well as discussing implementation of IO2 e-learning and Virtual Reality. To present the ongoing activities and timeline for IO3 and pinpoint the expectations of contributions from the other partners. To present the ongoing work of IO4 and the expectations of contributions from the other partners To present agenda and new dates for the LTT (postponed for the second time due to Covid19). To present safe transfer techniques as well as assistive devices for transfers in a workshop (IO2) To demonstrate, try and evaluate the Virtual Reality tool in a workshop (IO2) Outcome / evaluation All purposes of the meeting were met, except the fact that some of the partners due to COVID19 did not get to meet in person or see the premises of VEVU University because the TPM4 was partly converted to an online meeting. The meeting was evaluated by the end of the meeting, by survey and at the next-coming board meeting in the project. The conclusion of the evaluation was that the meeting was good. It was good to finally meet in person (some of us). The participants said: the information received before the meeting was very useful. The duration of the work sessions has been adequate. The contents of the sessions have contributed to the achievement of the objects, the conclusions and results of the sessions are directly applicable to the development of the project. The objectives were achieved. The host coordinator provided very good support and the meeting was well-planned, well-structured and successful. Agenda Day 1: Participant arrival and registration at VEVU • Official welcome by local authorities and VEVU authorities. *VEVU presentation-College professor Sanja Gongeta, PhD Vice Dean for Professional and Scientific Research and International Cooperation • A brief introduction to the guests • Project
Start Date	01/12/2021
End Date	02/12/2021
Receiving Organisation	College of Applied Sciences Lavoslav Ruzicka in Vukovar
Receiving Country	Croatia
Receiving City	Vukovar
No. of Participants	19

Meeting ID	75155-TPM-00005
Meeting Title	TPM5 Final Meeting

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Purpose: The purpose of this meeting was to discuss and make plans for implementation and dissemination of the products of IO1+2+3 (Guidelines & Toolbox, VR & e-learning and Interactive Handbook). As well as go through the website for the project, where all products are presented - as part of IO4 - to make the website easy to access for all, userfriendly and ensure all text and products are available in English, Greek, Swedish, Spanish, Croatian and Danish (languages of the partner countries + English). We worked with this in workshops with all partners involved. Also to present the results of ME3, ME4 and ME5. It was also the final transnational project meeting. Outcome / evaluation: It was agreed to meet again (online) 6 months after the end of the project to share with each other how the partners have been implementing and disseminating the product of the project. The meeting was evaluated by survey, the survey was sent to all 10 participants the day after the meeting. 8 responded. The conclusion of the responses received is that the meeting has been very successful. The participants were satisfied with information, activities, and arrangements. Above all, the workshops that were conducted were valuable and resulted in ideas for dissemination and continued work. The participants said: All activities were useful. It was indeed a fruitful and fun meeting. The workshops were most useful because they led to conclusions that could significantly improve IO objects which were discussed. And a lot of ideas came up + interesting to work in mixed groups with different partners. Also very interesting to hear about the experiences of the Multiplier Events in the different countries and how the participants in each country rated the outputs of the project. Very well planned meeting! Agenda Day 1: • Participant arrival and registration at the City Hall • Welcome and presentation of Västerås stad, by host Vasteras: Susanne Thorsell • Project overview, by lead manager AARHUS: Cecilie Høegh Langvad • E3: Review of results, by CYENS: Maria Matsangiduo • E4: Review of results, by VEVU: Karolina Novinc • IO4: Presentation and workshops for Implementing OER, by host Vasteras: Susanne Thorsell, Jessica Kjellin, Linn Rydén with all partners contributing Dinner Day 2: • Reflection from Day 1, by host Vasteras: Susanne Thorsell • E5: presentation of results, by Vasteras stad: Susanne Thorsell • Coffee and Discussions • Presentation and a tour in Oster Malarstrands Care Center, by host Vasteras: Susanne Thorsell, Jessica Kjellin and Linn Rydén • + walk & talk • Workshop/Discussion (Implementation and Dissemination), by host Vasteras: Susanne Thorsell, Jessica Kiellin, Linn Rydén with all partners contributing • Review of remaining documentation and justification documents for the final report, by lead manager AARHUS: Cecilie Høegh Langvad • Review of sustainability of O4 beyond the end of project, by lead manager AARHUS: Cecilie Høegh Langvad • Evaluation and end of TPM5, by host Vasteras: Susanne Thorsell and lead manager AARHUS: Cecilie Høegh Langvad Changes/Special circumstances The meeting was postponed till May due to Covid19. It has been necessary to extend the project with 2 months in order to have time for the last meetings. Participants All the organizations were represented in person by their project manager as a minimum. 18/05/2022 19/05/2022 Västerås stad, vård och omsorgsförvaltningen Sweden Västerås

 Meeting ID
 75155-TPM-00006

 Meeting Title
 TPM 1+2 Second Round

Aarhus Kommune and VIA University College hosted this meeting together (the 2 partners located in Aarhus Denmark). TPM 1+2 were converted to online meetings due to Covid19. Purpose: The purposes of this meeting were for the partners to meet in person and to see the premises of the Educational center of the Municipality of Aarhus as well as the VIA University College (both located in Aarhus, Denmark). As well as demonstrate safe transfer techniques for the partners and work with them "in real life" This meeting was not planned in the beginning of the project, but due to the TPM 1 + TPM 2 (both in Denmark) converted to online meetings and a cancelled LTT, it was agreed to arrange this meeting to make up for the time together and workshops lost. The main purpose for day 1 was to demonstrate and try out safe transfer techniques and assistive devices in hands on workshops - the same techniques/devices included in the e-learning and Virtual Reality tools developed in IO2. Day 2 the main purpose was for the partners to work in groups on how to replicate these workshops in their own organization for implementing and disseminating purposes, present the plans for rest of the partners and receive feedback. This TPM was in April 2022 - so between TPM4 and TPM5. Outcome / evaluation: This was the first meeting in the project where all partners were represented and met in person - it was a great experience and is important learning for future projects, that the partners meet in person - preferably in the beginning of the project (but that was not possible for this project due to Covid19). All the purposes for the meeting were met and the meeting was evaluated by survey. The conclusion of the responses received is that the meeting has been very successful. The participants were very satisfied with information, activities, and arrangements. The workshops and groupwork that were conducted were valuable and resulted in ideas for dissemination and continued work. The participants said: the information received

Description of the meeting

Start Date

End Date

Receiving Organisation

Receiving Country

No. of Participants

10

Receiving City

ΕN



Description of the meeting

before the meeting was very useful. The duration of the work sessions was adequate. The contents of the sessions have contributed to the achievement of the IO objects, the conclusions and results of the sessions are directly applicable to the development of the project. The host coordinator provided very good support and the meeting was well-planned, well-structured and successful. The participants evaluated these activities the most useful: • The second day when we discussed implementing. Because, what we implement will be the actual difference caused by the project. Practicing practical was also very important because we had to have the correct knowledge first to be able to spread it • The workshops because they were good practice and discussions about the subject. Learning-by-doing and peer-learning • Workshops at Educational Center, because of practical demonstrations help to learn about new techniques and materials and very inspiring. Workshops and exchanging ideas and experiences with the different partners of the project to develop it in their country. Agenda Day 1: • Participant arrival and registration at the Educational Center, Aarhus Municipality • Welcome, presentation and introduction • Replicate of workshop information • Safe Transfer Techniques/assistive devices in hands on workshops • Evaluation on day 1 • Dinner Day 2: • Participant arrival and registration at VIA University College • Welcome + presentation of VIA University College • Planning of replicate of workshop - working in groups • Presenting workshop plans (each group presents their plans and receive feedback) • Tour around VIA University College • Continuing presenting workshop plans (each group presents their plans and receive feedback) • Brainstorm on ideas for implementing e-learning, VR, handbook, appendix, interactive handbook, web visit spot • Plans for TPM 5 in Sweden (final meeting) • Last agreements, conclusions, evaluation. Changes/Special circumstances The meeting was not originally planned but was possible because 2 meetings in Denmark were converted to online meetings in the beginning of the project. Also because all the workshops we had planned and postponed twice for the LTT (finally cancelled) was missing in the project - it was possible to make up for that in this meeting. Participants All the organizations were represented in person by their project manager as a minimum and teachers/practitioners in safe transfer techniques. Except Cyprus - only represented by project manager due to Covid19 outbreak at nursing home.

Start Date	27/04/2022
End Date	28/04/2022
Receiving Organisation	AARHUS KOMMUNE
Receiving Country	Denmark
Receiving City	ARHUS C
No. of Participants	19

Total Number of Participants	
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5.2. Intellectual Outputs

Output Identification

This table reflects the information entered in Mobility Tool+. If you would like to change it please do it in the corresponding Mobility Tool+ section. The information presented here will be automatically refreshed after that.

Output Identification	01
Output title	O1 Guidelines and Toolkit
Output Type	Learning / teaching / training material – Toolkit
	DESCRIPTION The outcome of IO1 is a Guideline and a Toolkit for teachers and practitioners in Safe Transfer Techniques. It is published on the STTechs website with easy access for everyone interested and announced on the STTech project Facebook and LinkedIn and in all partner organizations. It has been translated to 6 languages croatian, swedish, greek, spanish, danish and english. The Guideline consists of: 1. Guidelines - recommendations for health professionals/caregivers to help them reduce the number and severity of transfer musculoskeletal disorders using methods that have been found to be successful in transfer situations. It includes Basic Principles of transfer techniques, Communication, Recommendations in work environment. 2. Toolkit – tools for easier decision making by the health professional or caregiver. It includes Transfer algorithms, Risk assessment tools, Assessments of functional level and Fall protocol. 3. Teaching modules - which help you to plan and teach in safe transfer techniques. The teaching modules use integrated digital tools (e-learning and Virtual Reality - developed in IO2) as well as traditional face-to-face class activities planned from peer-to-peer teaching principles (described in the Interactive Handbook, IO3) The Toolkit consists of: A collection of the tools presented in the Guideline - published as word documents to make it easy for the teacher/practitioner to adjust the tools to the context they need. INNOVATION The IO is co-creating low cost blended learning programme for transfer teachers, practitioners and caregivers in order to enable an immersive learning experience. It includes digital tools as e-learning and Virtual Reality (developed in IO2) and

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Description of the intellectual output

Interactive Handbook (developed in IO3) both new ways of teaching this subject. It encourages the users to choose and/or design learning environments that incorporate many different forms of experience in working toward the desired learning outcomes. In such an environment, students discover meaningful relationships between abstract ideas and practical applications in the context of the real world; concepts are internalized through the process of discovering, reinforcing, and relating. IMPACT The aim was to develop a blended learning programme that provides supplementary training in transfer techniques using assisted living technologies. The partners responses to the impact in their organization are: • Anna, Bill and Carrie (characters in the Guideline) will get Swedish names and we will use the algorithms in education • The Guideline will help us to develop more systematic approach, with the insight in to new transfer techniques that use different assistive devices • We will include the Guideline in the geriatric subject in the nursing degree, as well as in the practical simulation scenarios • All in our organization have become more aware of the different teaching methods implied. As well as learning about the differences between the different partner organizations/countries regarding teaching methods and access to assistive devices for safe transfer techniques • We will use the Guideline for new teachers and supervisors in safe transfer techniques. It will be part of their introduction to be teaching and supervising safe transfer techniques • We will use the toolkit for teachers and supervisors to support them when they teach/supervise safe transfer techniques. • We will use the teaching modules as templates to future safe transfer techniques courses we develop. TRANSFERABILITY The aim is that the Guideline is freely available for users and easy to transfer and adjust to the user's needs. In the Guideline and Toolkit we encourage the users to adjust the tools to their needs and we have made it easy by uploading the tools in word documents on the website. This increases the transferability of the output into different contexts (countries, sectors, caregivers, health professionals). The Guidelines also includes peer-to-peer learning tools (IO3) to ensure transferability from learning programme to the caregivers'/student's everyday work. The partners evaluations of IO1 in their organization are: • Teaching in Safe Transfer Techniques in both the university to students and to professionals in nursing homes and caregivers will be improved • We are planning to use IO1 in our current education in safe transfer technics • Our organization will benefit from the IO1 by implementing the products in our teaching program CHANGES It took a little longer to collect and process the information from the different partners therefore the end date for IO1 was extended. This did not cause delays in any of the other IOs, since they were not depending on each other in that way - it might actually have been an advantage, because the planning/development of IO2 + 3 was started and elements from here were implemented in the Guideline in order to make the products of the different IOs coherent with each other.

Start Date (dd-mm-yyyy)	01/10/2020
End Date (dd-mm-yyyy)	30/04/2021
Available Languages	Croatian, Swedish, Greek, Spanish, Danish, English
Available Medias	Press, Network, Event, Website, Social Media, Internet
Leading Organisation	VIA UNIVERSITY COLLEGE
Participating Organisations	Västerås stad, vård och omsorgsförvaltningen, College of Applied Sciences Lavoslav Ruzicka in Vukovar, AARHUS KOMMUNE, CYENS - CENTRE OF EXCELLENCE, FUNDACION UNIVERSITARIA SAN ANTONIO

Output Identification	O2
Output title	O2 Digital tools - virtual reality and e-learning.
Output Type	Open / online / digital education – Other

DESCRIPTION The outcomes of IO2 are two digital tools created to improve the way of teaching safe transfer techniques to students/caregivers. The two digital tools are a Virtual reality programme and an E-learning programme. • Virtual Reality Programme to train students/practitioners in situations where the citizen/patient has fallen (Cyprus lead on developing). A co-creation approach was taken to create the virtual reality e-resources. Experts on clinical skills, learners, academics, health care professionals and caregivers worked in participatory workshops to envision and co-create specification/scenarios for the e-resources. After that the VR was developed, reviewed and evaluated. The VR will be accessible from android phones • E-learning Programme to train students/practitioners in basic principles of Safe Transfer Techniques (Aarhus Municipality, Denmark lead on developing). A generic and modular based e-learning framework/course, was developed in close collaboration with experts, teachers and learners/caregivers (end users) in field. The e-learning modules can be used as a self-paced activity with the aim of closing knowledge gaps before learners participate in onsite training. Learner knowledge and experience vary greatly and with the use of e-learning, learners can spend as much time as they need to obtain required knowledge. This will free up teacher resources as well as contribute to a more even knowledge level among learners in the classroom. The course will be accessible from computers and mobile devices to ensure easy access. The VR and e-learning has been published on the STTechs website with easy access and download for everyone interested and announced on the STTech project Facebook. LinkedIn and in all partner

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Description of the intellectual output

organizations. They have been translated to 6 languages croatian, swedish, greek, spanish, danish and english. INNOVATION Virtual Reality: The outcome is a low cost virtual reality programme for practitioners in order to enable an immersive learning experience. Both the creation process and the outcome are considered innovative. VR resources development currently is very expensive and done by specialized labs and companies without taking into consideration the learners. Furthermore, learners do not have easily access (e.g. by their mobile phone and cardboard) to immersive learning experience. In this project the VR porgramme is available for free from the STTech website. E-learning: By combining e-learning and traditional ways of teaching safe transfer techniques, we have created a new teaching method/tool, which hopefully will contribute to better learning for the students. IMPACT Virtual Reality: The VR programme is open and widely accessible under a Creative Common license; thus, it is expected better enhancement of clinical skills by the use of immersive e-resources in comparison with other digital resources. E-learning: The e-learning is contributing to the dissemination of best practice in safe transfer techniques and a basic level of knowledge. E-learning also allow more time interaction and feedback with learners in the classroom. The partners stated (by survey): that they experience interest in the e-learning from other organisations, some partners have already implemented the e-learning, others are planning on it, the end users who evaluated it are very positive. TRANSFERABILITY Virtual Reality: The VR e-resources are open and freely available without the need of expensive equipment to use it, the transferability is high into different contexts. The name of the virtual reality e-resources itself signpost the reusability of such resources in different contexts, curricula and on healthcare workforce training. E-learning: The course is developed with a focus on high flexibility. New learning blocks can be developed and added to the course as needed. Content is implemented in the standard authoring tool Articulate Storyline 360. All work files are accessible for editing/adapting by other partners. This ensures maximum reusability of resources and allow for individual customization where needed. All modules created are compliant with the e-learning standard SCORM, which ensures compatibility with all major learning management systems. CHANGES It took longer to develop the VR and e-learning than expected and therefore the end date for IO2 was extended. This did not cause delays in the other IOs, because they were not depending on each other in that way - it might actually have been an advantage, because the planning/development of IO3 was started and made the products of the two different IOs coherent with each other.

Start Date (dd-mm-yyyy)	01/01/2021
End Date (dd-mm-yyyy)	30/04/2022
Available Languages	Greek, Danish, English, Swedish, Croatian, Spanish
Available Medias	Network, Internet, Social Media, Press, Event, Website
Leading Organisation	CYENS - CENTRE OF EXCELLENCE
Participating Organisations	Västerås stad, vård och omsorgsförvaltningen, College of Applied Sciences Lavoslav Ruzicka in Vukovar, FUNDACION UNIVERSITARIA SAN ANTONIO, VIA UNIVERSITY COLLEGE, AARHUS KOMMUNE

Output Identification	O3
Output title	O3 Peer Learning Model
Output Type	Learning / teaching / training material – Manual / handbook / guidance material

DESCRIPTION The outcome of IO3 is a digital tool - Interactive Handbook and Web Visit Spot. It is the final part of the projects learning package. Interactive Handbook and WebVisitSpot is based on the results of IO1 and IO2. The Interactive Handbook contains ways of transferring the knowledge applying theory part from IO1(Guidelines) and practical part by using tools (VR and E-learning) from IO2 as a new way of training adults (caregivers) using peer-to-peer learning. It has been cocreated with input from all partners. WebVisitSpot is a communication platform for everyone interested. The users can chat with each other, ask questions or share knowledge on safe transfer techniques. Objectives: • Deliver knowledge through innovative Peer learning model • Enable the use and share of adapted learning ways for educators to increase their competences for teaching and training adults • Increase the opportunity for knowledge about safe transfer techniques, provide the learning support to educators in peer learning • Maximize the effect in sharing this theoretical and practical knowledge closely related to work of caregivers and to increase the general opportunity for adult education The main target groups of the Interactive Handbook are teachers in education of adults/students that use the peer teaching method to transfer knowledge in universities, nursing homes, rehabilitation units etc. Fx associated professors, physio-/occupational therapists or nurses. Because of stakeholder differentness and its effort for sharing this particular knowledge, the peer learning is the most appropriate way of learning practice, that will ensure the transferability from classroom to caregiver's everyday work. Through the Interactive Handbook, previous outputs from project learning package is spread to the target group. The Interactive handbook consists of learning structure, methodology and instructions for educators. The Interactive Handbook has been published on the STTechs website with easy access and download for everyone and announced on the STTech project Facebook, LinkedIn and in all partner organizations. It has been translated to 6 languages croatian, swedish, greek, spanish, danish and

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KA2

Description of the intellectual
output

english, INNOVATION The Interactive Handbook is created on foundation of project coordinator findings (Ergonomic Concept - previous project) inputs from this project have been advanced in a completely new teaching interactive output that enables peer education on innovative custom mode for the users. Innovation elements were also present because pear-learning approach was initiative for the first time in consortium with the participating organizations included in project. For all partners this is a new created way of teaching their end users, for some partners it is complementary to their "old" teaching practices but expanded with new innovative opportunities. Created in e-form it enables educators to be trained in a flexible manner to apply innovative adult teaching practices as peer teachers. IMPACT The Interactive Handbook strengthens mutual learning and deepen the exchange of good practice between partners. It might also lead to developing common recommendation for state of the art knowledge in the organizations - maybe even on a regional/national level. It could encourage initiation of formal and informal adult education at national levels too. The Interactive Handbook is an inspiration for educators and caregivers. It shares knowledge to improve the methods of teaching safe transfer techniques, to implement assisted living technologies used in different countries. The WebVisitSpot is an ongoing communication platform, that will remain after the end of the project to ensure sustainability, it is an effective way to refine knowledge and skills related to safe transfer techniques. TRANSFERABILITY The Interactive Handbook can be used by practitioners after the project in the future activities. The "Manual form" makes it easy to adjust according to the needs, to transfer to other users outside partner organizations and share with other European countries. The transferability of the Interactive Handbook is visible, looking at IO3 as an example of good practices as a model for creating innovative teaching methods or to encourage others to develop new teaching forms. The Interactive Handbook will be part of open education resources, which provides sustainability and its impact as references with disseminating activities after the project. CHANGES It took a longer to develop the Interactive Handbook than planned and the IO3 was extended. It did not cause delays, it finished well in time for all partners to translate and publishing it on the STTech website before the end date of the project.

Start Date (dd-mm-yyyy)	01/09/2021
End Date (dd-mm-yyyy)	30/04/2022
Available Languages	Danish, English, Croatian, Swedish, Spanish, Greek
Available Medias	Internet, Social Media, Network, Press, Website, Event
Leading Organisation	College of Applied Sciences Lavoslav Ruzicka in Vukovar
Participating Organisations	CYENS - CENTRE OF EXCELLENCE, VIA UNIVERSITY COLLEGE, AARHUS KOMMUNE, FUNDACION UNIVERSITARIA SAN ANTONIO, Västerås stad, vård och omsorgsförvaltningen

Output Identification	O4
Output title	O4 Open Educational Ressource (OER)
Output Type	Open / online / digital education – Open Education Resource (OER)

DESCRIPTION IO4 contains Open Educational Resources (OER) - the outcome of IO4 is a well-designed and user friendly website containing all the digital tools of IO1 (Guidelines), IO2 (VR and e-learning) and IO3 (Interactive Handbook and WebVisitSpot). The website is hosted by Aarhus Municipality, which ensures sustainability, and that the website will be maintained beyond the end of the project. The website is a platform that makes it possible for anyone interested to download and adjust the newly developed digital tools for learning safe transfer techniques - of course - free of charge. As well as read news about the project "Activities during the Project", learn the background of the project "Background" and find contact information for the partners of the project "People and Partners of the Project". The language of the website in general is English and digital tools on the website has been translated to 6 languages Croatian, Swedish, Greek, Spanish, Danish and English. The website has been announced on the STTech project Facebook, LinkedIn, in all partner organizations, at the 5 multiplier events and at numerous other dissemination opportunities in the partner countries. Caregivers, professional and private ones, working with people who need help with transferring are going to benefit from easily accessible education and programs learning safe transfer techniques (STTech). It will also facilitate learning in everyday work by being available online. Teachers, academics, and healthcare professionals have developed these new digital tools presented as OER in IO4. The website/OER has been cocreated with input and reviews from all partners. INNOVATION The project has developed new digital tools for teaching safe transfer techniques such as virtual reality and e-learning, training program with guidelines and tools from the best practices of the different partners countries and Interactive handbook and WebVisitSpot. To make all these tools available to anyone interested the OER is a website containing these digital tools for download and adjustment. One of the most innovative elements is the inclusion of peer learning approach, according to adult education methodology, applied to a Virtual Learning Community (VLC, as the OER) is to facilitate access to those ones not as used to digital tools for online learning - teaching - training. IMPACT The open educational resource is being used as a platform for multiple e-learning programs easily to use for any

caregivers. The access to the digital tools will increase knowledge of Safe Transfer Techniques and

Description of the intellectual output

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	how these can reduce work injuries and attrition caused by transferring patients/residents and improving the work environment. The OER is a platform of inspiration for educators and caregivers. It shares knowledge to improve the methods of teaching safe transfer techniques, to implement assisted living technologies used in different countries. It is an ongoing platform, that will remain after the end of the project to ensure sustainability, it is an effective way to refine knowledge and skills related to safe transfer techniques. TRANSFERABILITY With OER the developed products will be open and available online in all partners native languages for anyone. There is a high transferability potential, not only to EU countries but to all countries all over the world, because the digital tools can be downloaded and translated to any language and because anyone can access the tools on the website. The OER will be hosted at the Municipality of Aarhus' website and maintained beyond the end of the project to ensure access and sustainability. It is also used as reference at disseminating activities now and after the project. CHANGES The IO4 was planned to start after the IO1, IO2 and IO3 had finished, but as the project and digital tools came along it made more sense to start and work on the IO4 simultaneously with the other IOs. This made it possible to promote the website/OER early in the project and use it as a reference at multiplier events and other dissemination activities.
Start Date (dd-mm-yyyy)	01/02/2021
End Date (dd-mm-yyyy)	30/06/2022
Available Languages	Greek, Danish, English, Croatian, Swedish, Spanish
Available Medias	Event, Website, Press, Network, Internet, Social Media
Leading Organisation	Västerås stad, vård och omsorgsförvaltningen
Participating Organisations	AARHUS KOMMUNE, College of Applied Sciences Lavoslav Ruzicka in Vukovar, FUNDACION UNIVERSITARIA SAN ANTONIO, VIA UNIVERSITY COLLEGE, CYENS - CENTRE OF EXCELLENCE

5.3. Multiplier Events

This table reflects the information entered in Mobility Tool+. If you would like to change it please do it in the corresponding Mobility Tool+ section. The information presented here will be automatically refreshed after that.

Event Identification	E1
Event Title	Conference: Blended learning training program, E1
Description of the multiplier event	Multiplier Event 1 was changed - due to Covid19 - to be a physical as well as online event. The online participants had the possibility of asking questions as well as the participants in the conference room. DESCRIPTION AGENDA • Official welcome by Kirsten Roelsgaard, Faculty of Continuing Education, VIA • Presentation of the STTech project • Presentation of Aarhus Municipality's Ergonomics Concept, which the STTech project builds on • Presentation of Teaching modules, guidelines and tools • Principles for contextual learning • Break and networking • Use and implementation of transfer algorithms in practice • E-learning and VR in transfer education • Perspectives into the future by Ivan Kjær Lauridsen, Head of health and assisted living technologies, Municipality of Aarhus. • Next step and evaluation OBJECTIVES • To ensure dissemination and visibility at a local level the STTEch project • To disseminate the results and findings of the intellectual output O1 • To introduce the starting works of the intellectual output O2 • To facilitate interaction between the project developers and the final beneficiaries SHARING AND DISSEMINATION The products of IO1 • Guidelines and annex • were presented to the participants of the conference. We used Power Point slides to present the STTEch project in general and presenting the results from IO1. We also presented the draft of development e-learning and virtual reality in the IO2. On the conference we were facilitating interaction between the audience and us, to make sure that the results and findings of IO1 were disseminated and implemented in practice. We also presented the STTech website, where the products of IO1 are uploaded. This is for the participant to find an easy access to the products. All the original objectives for ME1 were met - an even more - due to the postponing of the conference we managed to present some of the e-learning, which had already been produced - the interest for this was great! TARGET AUDIENCE 49 participated physical and 251 participated online

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	conference. It has been a good mix of theory and ideas for practice. Have been struggling with the question of when to be 1 or 2 staff for transfers, which I have received good input to answer. I look forward to reading your book and e-learning program." • "Really good presentations with evidence of progress and results. Very tangible and transferable to own practice with a handbook that can be used and taken as a starting point in relation to future teaching" • "The structure was good and the teachers' ability to communicate were good. We already do a lot of transfer teaching but the conference helped me get the feeling that we are doing many of the right things. It made me reflect on how we do it in general in the municipality. What I also reflected on is how we better ensure peer education and get people inspired to provide peer education without bad habits. I am really excited about the e-learning and VR part. We have discussed it for many years so to get a finished product, you can even adjust yourself is absolutely perfect. High praise for the part of e-learning that was shown yesterday." By this evaluation and the number of participants (a lot more than anticipated!) we conclude, that the ME1 ensured dissemination and visibility at a local and national level, that the results and findings of IO1 and the introduction to e-learning and Virtual Reality of IO2 were presented successfully. That the final beneficiaries were very interested in using the products of IO1 as well as curious of the e-learning and VR of IO2. CHANGES Due to Covid19 the ME1 was postponed from January to May, which had the positive influence that we were able to present more than just the starting work of IO2 (e-learning and virtual reality). The addition of an online participation option to the conference also meant that the event was not only local, but also national and we had participants from Sweden and Iceland too.
Country of Venue	Denmark
Start Date (dd-mm-yyyy)	27/05/2021
End Date (dd-mm-yyyy)	27/05/2021
Intellectual Outputs Covered (using Output Identification number)	01
Leading Organisation	VIA UNIVERSITY COLLEGE
Participating Organisations	

Event Title	E2 SSTech Project Open Conference - Conferencia sobre el Proyecto SSTech
Event Title	Multiplier Event was changed - due to Covid19 - to be an online event. DESCRIPTION AGENDA • Presentation of the STTech project • Presentation of the "Manual for teachers of patient mobilisation and transfer techniques" Guide (I01) • "Problems and needs of people with reduced mobility" • "Training needs in mobilisation and transfer of patients" • Open discussion with the participants • Presentation of the SSTech Digital Tools. (I02) (IO3) and the BETA version of STTech O.E.D. (IO4) • Evaluation of the conference OBJECTIVES • To ensure the dissemination and visibility at local level of the SSTech Project. • To disseminate the results and findings of the intellectual results O1 and O2 • To introduce the starting works of the intellectual output O4 • To facilitate an interaction space between the project developers and the final beneficiaries of the project results and findings. SHARING/DISSEMINATION We used PP to present the STTEch project in general and the results of IO1. We also presented the e-learning and virtual reality development project in IO2. At the conference we facilitated interaction between the audience and us, to make sure that the results and conclusions of IO1 were disseminated and applied in practice. TARGET AUDIENCE There were 31 people registered for the event, 28 participated ONLINE including nurses, physiotherapists, occupational therapists, doctors and social workers. The attendees actively participated during the "Open discussion", here questions were raised arising from the PP presentations, as well as from the speeches developed by them. A clarifying discussion was also established between the members of the table, especially between the Project participants and the invited guests. Once this section was concluded, the STTech Digital Tools were presented, and after this time for questions. Three of the participants indicated that they are interested in the project and would be happy to hear about its development. OUTCOME/EVALUATION 22 of the 28 participants completed the evaluation questi
Description of the multiplier	knowledge provided, relevance to professional activity, likelihood of applying the knowledge and the level of interest generated, among others. Feedback was also collected, through open-ended
event	questions, on positive aspects of the conferences and recommendations. All objectives were met. The results: 40.9% reported having experienced a technical failure compared to 36.4% who did not and were unable to determine the cause of these failures. Of the participants, 68% indicated that they were satisfied with the content of the conference, and 77.3% said that it had provided them
	with new and updated knowledge. 68.3% of the participants indicated that the content was relevant

Event Identification

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to their work, compared to 31.8%. And 77.3% said that this event had helped them to reflect on their usual practice. By the same percentage, 77.3% indicated that the knowledge acquired could be applied in their work and in the technical teaching of transfers. 68.2% said that they would follow the "Safe Transfer Techiques STTech" on social networks, and 63.6% were curious about the results of the project (e-learning and virtual reality). The following answers were given: "The



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	involvement and enthusiasm for helping to improve the quality of life of dependent and elderly people and their carers". "The involvement of the University in updating the contents and training. "The event has been very interesting, current and often, it has been presented in different manuals. And new tools are proposed and enjoyable, what is in different manuals has been presented, and new tools are proposed and this is fundamental for the work". "More visibility should be given to these issues". By this evaluation we conclude, that the ME2 ensured dissemination and visibility at a local and national level, that the results and findings of IO1 and IO2 and the introduction to the starting works of the IO4 were presented successfully. That the final beneficiaries were very interested in using the products of IO1 as well as the e-learning and VR of IO2 and that a space to facilitate the project results and findings between the project developers and the final beneficiaries of the project results and findings was created. CHANGES Due to Covid19 the ME2 was changed from a physical event to an online event. It was designed to cover several objectives, and it was supposed to be organized in the same venues and week of the TPM3 and the C.1. to facilitate a real interaction between the project designers, professionals and target groups. Unfortunately this was not possible due to Covid19 - the TPM3 and C1 were postponed and later on cancelled.
Country of Venue	Spain
Start Date (dd-mm-yyyy)	29/06/2021
End Date (dd-mm-yyyy)	29/06/2021
Intellectual Outputs Covered (using Output Identification number)	O1;O2
Leading Organisation	FUNDACION UNIVERSITARIA SAN ANTONIO
Participating Organisations	

Event Identification	E3
Event Title	E3 Peer Learning Model of Safe Transfer Techniques for Caregivers (Physical event)
Description of the multiplier event	Multiplier Event 3 was changed - due to Covid19 - to be a physical as well as online event. The online participants had the possibility of asking questions as well as the participants in the conference room. DESCRIPTION AGENDA • Welcome speech by the host - Dean of the Polytechnic • STTech project presentation - (general data, target group, goals and results) - Head of the Health Department of VEVU S. Janković • IO1- Mateja Znika; IO2- Stjepan Jelica; IO3- Iva Š. Kokić; IO4 – Vesna Brumnić • Approaches to transfers according to a person's levels of immobility – M. Znika • Workshop - peer to peer - An interactive manual of safe transfer techniques for caregivers – V. Brumnić • Panel - the possibility of applying transfers and issues in the clinical environment • Evaluation of events and distribution of certificates of participation – OBJECTIVES • to disseminate the project and introduce the outputs from it at local level • to encourage interest of professional and private caregivers in use and sharing the project outputs • to enable the visibility of project impacts at national level • to engage national key stakeholders and experts in using of peer learning model, e-learning guide and VR application • to discuss impacts and provide feedback input about the project's results for future adoption. • To rise awareness of new innovative model that use equipment and aids in order prevent and protect the patient and caregivers from injuries. SHARING/DISSEMINATION A PowerPoint presentation was used to present the SSTEch project in general and present the results from O1, O2 and O3 (E-learning Guideline, Mobile Virtual Reality Application STTech's as well as an Interactive peer learning handbook). An panel discussion was held with the participants about the applicability of the project results. TARGET AUDIENCE 25 physical external participation on event and 45 on-line external participants from national stakeholders: hospitals, nursing homes, family homes for the elderly and infirm, clinical rehabilitation centers and a

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project. extremely important and new information. It is nice to meet new ways. I will try to apply the

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	practice in my work all praise for the work and effort to make this manual very professional, meaningful and professional all praise to the organization as well as the exhibitors great, compliments thank you for the invitation and all praise for the project every compliment to the organizers and professors every compliment to the organizers By this evaluation we conclude, that the ME3 was successful and ensured dissemination at a local and national level, that professional and private caregivers were encouraged to use and share the project outputs. That national key stakeholders and experts in using of peer learning model, e-learning guide and VR application were engaged, that impacts and input about the project's results for future adoption were discussed and that awareness of new innovative model that use equipment and aids in order prevent and protect the patient and caregivers from injuries was risen. CHANGES Due to Covid19 the ME3 was changed from a physical event to a combined physical and online event.
Country of Venue	Croatia
Start Date (dd-mm-yyyy)	25/03/2022
End Date (dd-mm-yyyy)	25/03/2022
Intellectual Outputs Covered (using Output Identification number)	O2;O3;O1
Leading Organisation	College of Applied Sciences Lavoslav Ruzicka in Vukovar
Participating Organisations	

Event Identification	E4
Event Title	E4 Virtual Reality Healthcare Training Event
	DESCRIPTION AGENDA • Official welcome by local authorities, the Director of AMEN, Ms Ersi

Papayianni and the CYENS representative, Dr Maria Matsangidou. • Presentations of the potentials of VR in health care and how to use and implement VR in practice. • Presentation of the STTech VR Training program: Guidelines and digital tools, recommendations to reduce the number and severity of transfer musculoskeletal disorders using transfer methods in nursing homes via VR. • Evaluation of the STTech VR Training program. • Open discussion with participants. Questions and answers. • Evaluation of the conference and deliverance of certificates of attendance. OBJECTIVES • To ensure dissemination and visibility at a local level the STTEch project. • To disseminate the results and findings of the intellectual output O1, O2, and O3. • To introduce the ongoing works of the intellectual output O4. • To facilitate interaction between the project developers and the final beneficiaries. • To identify the difference between direct learning and immersive learning based on cases. • To understand the use of VR e-resources. • To gain a new or improved knowledge of clinical skills using the VR e-resources within a clinical skill programme. • To communicate with local health care centres and local academic institutions to widespread the new innovative pedagogy through VR e-resources to end-users - health care professionals. SHARING/DISSEMINATION A PowerPoint presentation was used to present the SSTEch project in general and presented the results from O1, O2 and O3. We also presented STTech's Mobile Virtual Reality Application and followed a workshop where all participants downloaded the application on their personal devices and interacted with it. TARGET AUDIENCE 28 participated in physical. It was a mix of Physiotherapists, Occupational Therapists, Nurses and Health workers. The participants were involved through PowerPoint presentations, discussions and mainly the hands-on session where they interacted with the VR application. OUTCOME/EVALUATION All objectives from the project application were met. We used a questionnaire that was sent electronically to the participants - 28 of the participants answered the questionnaire. Overall the participants were very satisfied with the conference (92.9%). The majority of the participants (89.3%) gained knowledge from this conference and said that it was relevant to their work (89.3%). In general, the participant found the conference useful as the 92.8% agreed that the conference has helped them to reflect on their daily practice. They even suggested that the knowledge that they gained at the conference will be applied in their work and that they will include specific parts of the conference in their practice (89.3%). Lastly, the participants were found to be curious about the next steps of the project (85.2%) and so they aim to follow the Project Safe Transfer Techniques on social media (92.6%). For the open-ended question the participants' feedback was particularly positive. However, the participants made some suggestions for future improvement. We share below some of their quotes: • "I really enjoyed the conference presentations which I found inspiring. If this is the future of learning I believe that it holds strong promises. I hope for the project to evolve and include more learning materials. If this happens, I will gladly participate in their future activities" • "I enjoyed the Virtual Reality application for learning purposes. I found the application particularly useful and so I suggest for the app be available through App Store to support iPhones as well. I feel that is a shame to lose such an opportunity only because the iPhone platform is not yet compatible with the technology" • "I thought that the resolution of the 3600 video was low only because I didn't know how to fix the lenses of the VR headset for my eyes, once I was shown how to do it the environment turned out to be clear. I suggest in the future to update the informative video and include a tutorial

for the hardware (VR glasses)" By this evaluation we conclude, that the ME4 was successful and ensured dissemination at a local level, that the results of IO1, IO2 and IO3 were disseminated and

Description of the multiplier event

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	ongoing work of IO4 was introduced. That room for interaction between project developers and end users was ensured. That understanding of using VR and the difference between immersive and direct learning was provided. That knowledge of clinical skills using the VR e-resources within a clinical skill programme was improved. That communication with local health care centres and local academic institutions to widespread the new innovative pedagogy through VR e-resources to end-users – health care professionals was done. CHANGES Due to Covid19 the ME4 was postponed, but still within the frame of the project.
Country of Venue	Cyprus
Start Date (dd-mm-yyyy)	10/03/2022
End Date (dd-mm-yyyy)	10/03/2022
Intellectual Outputs Covered (using Output Identification number)	O2;O3;O1
Leading Organisation	CYENS - CENTRE OF EXCELLENCE
Participating Organisations	

Event Identification	E5
Event Title	E5 Open Education Resource (OER) Safe Transfer Techniques (SST)
Description of the multiplier event	DESCRIPTION AGENDA • Coffee and registration • Presentation och background (Susanne Thorsell) • Projektet STT/workshops (Linn Rydén, Jessica Kjellin) • Lunch • Workshops • Coffee • Reflection of implementation • Closing and evaluation OBJECTIVES • Dissemination at local level of the project's outcome Open Educational Resource (OER) for STTech and learning. • Dissemination of the results from the projects intellectual outputs. SHARING/DISSEMINATION This event one day conference/workshop and cover all objectives in the project though it will present the final output IO4, an OER. A power point presentation was used to introduce the STTech project and the results from O1 (Guidelines), O2 (E-learning, VR application) and O3 (Interactive peer learning handbook). The participants were divided into groups to work through the different parts on the website. Both online and with printed material, they also tried a Raizer and the VR application. In the end of the day we discuss implementation and dissemination of the OER. TARGET AUDIENCE The event had 20 external participants from caregiving organizations and universities who teach STT. Seven participants from own organization, but from another department were present. The participants were physiotherapists and occupational therapists in caregiving organizations who teach STT and there were a teacher and a student from a university program for physiotherapy. The participants were involved through PowerPoint presentations to introduce the website and through workshops to work with the content of the website. OUTCOME/EVALUATION All objectives from the project application were met. In the beginning of the event, we used menti.com to collect expectations. At the end of the event, we followed up verbally and the expectations were fulfilled. We also used a printed questionnaire that were delivered to the participants on the spot. All feedback were optional, not obligated but all (27) participants answered the questionnaire. Comment from the participants · Clear, easy to find ar
Country of Venue	Sweden
Start Date (dd-mm-yyyy)	31/03/2022
End Date (dd-mm-yyyy)	31/03/2022
Intellectual Outputs Covered (using Output Identification number)	O3;O1;O2;O4
Leading Organisation	Västerås stad, vård och omsorgsförvaltningen
Participating Organisations	

Event Identification	E6
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Event Title	Conference: Blended learning training program, E1 (virtual part)
Description of the multiplier event	Same Event as E1, which was a combined physical and online event
Country of Venue	Denmark
Start Date (dd-mm-yyyy)	27/05/2021
End Date (dd-mm-yyyy)	27/05/2021
Intellectual Outputs Covered (using Output Identification number)	01
Leading Organisation	VIA UNIVERSITY COLLEGE
Participating Organisations	

Event Identification	E7
Event Title	E3 Peer Learning Model of Safe Transfer Techniques for Caregivers (virtual event)
Description of the multiplier event	Same event as E3, which was a combined physical and online event
Country of Venue	Croatia
Start Date (dd-mm-yyyy)	25/03/2022
End Date (dd-mm-yyyy)	25/03/2022
Intellectual Outputs Covered (using Output Identification number)	O1;O3;O2
Leading Organisation	College of Applied Sciences Lavoslav Ruzicka in Vukovar
Participating Organisations	

5.4. Learning/Teaching/Training Activities

This table reflects the information entered in Mobility Tool+. If you would like to change it please do it in the corresponding Mobility Tool+ section. The information presented here will be automatically refreshed after that.

Activity No.	C1
Field	ADULT
Activity Type	SP-ADULT-SHORT
Description of the activity	Unfortunately we had to cancel the Learning, Teaching and Training Activities - it was planned for June 2021 but postponed to October 2021 due to COVID. Then we once again had to postpone the LTT to January 2022 and finally cancel the event due to COVID. To make up for these lost activities - we have done workshops on the TPM1+2 Second Round in Denmark as well as ekstra work on plans for implementation and dissimination.
Country of Venue	
No. of Participants	0
Participants with Special Needs (out of total number of Participants)	0
Accompanying Persons (out of total number of Participants)	0
Is this a long-term activity?	No
Funded Duration (days)	0
Participating Organisations	

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5.5. Participants in Learning/Teaching/Training Activities

5.5.1. Participants' Profile

For each activity, please describe the background and profile of the participants involved in the learning, teaching or training activities. How were the participants selected, prepared and supported? If relevant, please describe any practical arrangement set for the participants, including training, teaching or learning agreements.

Unfortunately the LTT was postponed several times and at last cancelled due to COVID19.

5.5.2. Participants' Recognition

Did your project make use of European instruments like Europass, ECVET, Youthpass, ECTS etc. or any national instruments/certificates for recognition or validation of the learning outcomes of the participants in the learning, teaching or training activities?

No

If you have used other recognition/validation instruments, please describe them:

5.5.3. Intensive Study Programmes - Invited teachers

This section doesn't apply for this project

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6. Follow-up

6.1. Impact

What was the project's impact on the participants, participating organisations, target groups and other relevant stakeholders?

Impact on the participants

The impact on the participants is a well-developed "toolkit" with different "tools" to teach safe transfer techniques. The tools can be used at hospitals, nursing homes as well as universities educating occupational-/physiotherapists and nurses. The participants have been a part of developing new digital tools and methods for teaching safe transfer techniques and embedding them in their work lives.

They have learned from the other participants by sharing experiences, perspectives and innovative ideas in order to focus on the challenges of patient transfers.

It has given the participants an opportunity for professional growth and new digital ways of working.

It has provided them with state of the art knowledge and skills in new and updated digital tools within safe transfer techniques, giving them key competences in their local level in teaching(participants from the universities), in work life with patients (participants from the nursing home, rehabilitation center and municipality) or in developing future digital tools for the health care sector (participants from the research center of interactive media).

The project has given the participants a deeper understanding of the very different opportunities to address safe transfer techniques in different countries fx. access to assistive devices and work environment legislation. Further, this project has also provided the participants with a professional, transnational network that will sustain beyond the end of the project.

Impact on participating organizations

The participating organizations are divided in 3 categories:

- Education of health care workers: The impact on the 3 universities was meeting their needs for development of new digital tools to improve teaching methods in a digital era, expressed by the need for more e-learning as well as virtual reality in the universities. The outputs of this project has given the universities the opportunity to embed new digital tools and teaching methods in their curriculums. As well as established contact with other universities for future European collaboration.
- Work life of caregivers the nursing home, rehabilitation center and municipality: The impact was the organizations opportunity to use best knowledge and digital tools in the daily work with patients, enhance their skills using VR and e-learning platforms, and as a part of their local work environment strategy, when it comes to learn and implement safe transfer techniques and prevent transfer injuries and attrition.
- Development of digital tools for caregivers the research center of interactive media: The impact was increased capacity of delivering training competences to the health care system, including affordable VR, increased innovation potential and knowledge of more market perspectives.

Impact on target groups

The primary target group of the project was educators and teachers teaching safe transfer techniques in universities and peer-to-peer in e.g., nursing homes.

The secondary target group was caregivers (both professional - public servants and private ones) e.g. in the nursing homes or private homes.

They gained an increased knowledge of safe transfer techniques and an understanding of how it is implemented in their daily work.

The impact has strengthened their competences within safe transfer techniques and hopefully prevented work injuries and attrition of caregivers. It has provided them with digital empowerment in a sector that is becoming increasingly dependent on digital tools and technologies.

Expected impact on relevant stakeholders

Stakeholders such as interest groups, other universities, nursing homes etc. do now have the opportunity to use the digital tools developed in the project, as the outputs of the project are free, user-friendly designed and availble at the website in six different languages.

What was the impact of the project at the local, regional, European and/or international levels? Please provide qualitative and quantitative indicators.

This impact has been to create awareness of challenging factors in today's health care sector and to offer a solution to the challenges by a set of tools for safe transfer techniques.

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LOCAL AND NATIONAL LEVELS:

The partner organisations have raised awareness in the local communities on safe transfer techniques through different types of disseminations fx the local multiplier events.

Partners have also implemented some or all of the outcomes of the project in their own organisations curriculum/peer learning programs affecting their students at the universities and health care workers in nursing homes.

As well as awareness of implementing assistive devices for transfers/handling of patients to avoid accidents.

EUROPEAN/INTERNATIONAL LEVEL

The impact of the digital tools developed is the continued education, even when universities and learning centers are closed down due to epidemics - as this project has experienced. There is a feeling of unity in the field of transfer and beyond borders because of the access to the different programs.

Even a university in Brazil has expressed interest in the outcomes and a new project.

We expect long term impact on sick days (fewer accidents) for healthcare workers and thereby also a financial impact due to the improved work environment. Hopefully legislators will see the potential in investing in work environment and assistive devices.

The impacts were measured after each IO and multiplier event by surveys with indicators to establish the impact on the participants.

Indicators:

- number of attendees to the multiplier events: 395 have participated in multiplier events during the project.
- increased use of online tools
- user experience with online and digital tools
- increased interest of adult education practitioners in developing/using new fields for online training
- quotes and testimonies by participants in the multipliers events
- type of stakeholders participating in the multiplier events.

The participants indicated that

- it provided them with new and updated knowledge
- the content was relevant to their work
- it helped them reflect on their practice
- it could be applied in teaching of transfers
- they would follow "STTech" on social networks

The following are quotes from the participants:

- "The involvement and enthusiasm for helping to improve the quality of life of dependent and elderly people and their carers"
- "The event has been very interesting, manuals has been presented and new tools are proposed which is fundamental for the work"
- · "More visibility to these issues"
- "The presenters' approach to dissemination and the informal way of the conference. I appreciate the alternation between theoretical approach and the practical examples. Very exciting to hear about the approach of the different countries it is always interesting to reflect on others"
- "Have been struggling with the questions for transfers, which I have received good input to answer"
- "Really good presentations with evidence of progress and results. Very tangible and transferable to own practice with a handbook as a starting point in relation to future teaching"
- "We do a lot of transfer teaching but the conference made me reflect on how we do it in general and how we can ensure peer education. I am really excited about the e-learning and VR part. We have discussed it for many years, to get a finished product, I can even adjust myself is absolutely perfect. High praise for the e-learning"
- Praise for hard work, the result of which will help many
- interesting presentations of lectures, believes that this will help the staff of the institution where I work, thank you for the extremely important education
- I am delighted with the project, extremely important and new information. It is nice to meet new ways, I will try to apply the practice in my work
- "I really enjoyed the conference presentations which I found inspiring. If this is the future of learning I believe that it holds strong promises. I hope for the project to evolve and include more learning materials. If this happens, I will gladly participate in their future activities"
- "I enjoyed the Virtual Reality application for learning purposes. I found the application particularly useful and so I suggest for the app be available through App Store to support iPhones as well"
- Good with different languages
- Useful in my job. Good that it is open to everyone
- I will show it to my colleagues who are instructors in transfer technology
- Great that it exists
- · Easy to find, understand

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By all these positive quotes from people outside partner organisations we feel confident that the outcomes have had an impact and are being used in the partner countries and maybe even beyond.

Within the partner organisations the outcomes have also had an impact - an example is one of the organisations have implemented the e-learning program and 500+ employees has seen the e-learning and rated it 4,4 out of 5 possible stars.

How did the project contribute to the achievement of the most relevant priorities as indicated in the description section?

1. ICT - new technologies - digital competences:

One of the most relevant topics for this project was to develop a set of digital tools, new to this field of Safe Transfer Techniques. We achieved this by developing the online "Guidelines and Toolkit", "E-learning", "Virtual Reality", "Interactive Handbook" and "Web Visit Spot".

All tools mentioned above are developed to be intuitive, user-friendly and easy to access to increase the use of the tools.

2. New innovative curricula/educational methods/development of training courses:

The e-learning is for many institutions a new ways of teaching transfer techniques because it is done online and can be done even during a pandemic.

VR is a new technology that universities are starting to implement - it is a great way of learning/practicing situations, that are potentially dangerous - in this case it is 4 scenarios on how to help patients, that have fallen.

The "Guidelines and Toolkit" contains a description of educational methods and templates to develop new teaching programs/training courses that are coherent with the e-learning and VR (fx. same characters). It also has a lot of templates for teaching materials which can be used as they are or adjusted to fit a certain target group.

The "Interactive Handbook" and "Web Visit Spot" sums up a lot of the knowledge from the e-learning and VR - but in another format and also adds a whole section on peer-to-peer learning. At the Web Visit Spot everyone interested can join and engage in chatting/seeking advice about Safe Transfer Techniques.

All tools are made, so they can be adjusted by the users to make it possible for teacher to design exactly the teaching program that will work in their teaching. An example: the toolkit contains word-documents of templates for teaching programs, which can be downloaded and adjusted by the teachers. In the e-learning program it is possible to change the content as well. Should other countries be interested, there is also a video tutorial made on how to translate the e-learning to another language.

3. Pedagogy and didactics

We believe, we have created a set of tools for safe transfer techniques that appeal to different ways of learning for students and employees. We have also described different educational methods + examples of activities in the "Guidelines and Toolkit" and the "Interactive Handbook" which has a specific focus on peer-to-peer learning for the teachers to use.

All products are in English as the working language and have been translated to Spanish, Greek, Swedish, Croatian and Danish which are the languages of the partner countries.

6.2. Dissemination and Use of Project Results

To whom did you disseminate the project results inside and outside your partnership? Please define in particular your targeted audience(s) at local/regional/national/EU level/international and explain your choices.

Inside the partnership the results were disseminated to the prior target groups of the project,

occupational-/physiotherapists and nurses. For them to use the tools developed in the project (the results) for teaching the secondary target group or end users of the project - the health care workers.

Outside the partnership the results have also been disseminated to the target groups of the project,

occupational-/physiotherapists, nurses and health care workers. But also to leaders and decisionmakers on different levels.

Each partner has also made a plan for implementation after the project to disseminate and impact decisionmakers: VIA: Dissemination and implementation activities in nursing education at VIA University

In the autumn 2022 it is planned to introduce the students at the net-based school of nursing at VIA to the developed teaching materiel. The students at the net-based nursing education further are used to study with digital learning media and with a high degree of self-studying.

The outcomes will in the autumn 2022 be introduced for relevant teachers at The Department of Physiotherapy and The Department of Occupational Therapy at VIA University.

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Västerås stad:

Colleagues (physiotherapists and occupational therapists)

Goal: Increased competence of licensed staff in order to be able to convey knowledge about safe transfers in everyday meetings.

- E-learning
- Workshops
- Use interactive handbook

Caregivers

Goal: Caregivers will be able to perform safe transfers and share knowledge

- E-learning
- · Practical education
- Workshops (peer-learning)
- · Shorter educations based on needs

Plans for implementation VEVU College of Applied Sciences:

National and regional level

- 1. On 4th of June 2022, presentation of project on 1. Croatian Congress with international participation, 1st Croatian Congress of Nurses and 1st Croatian Congress of Physiotherapists "Sex differences in neurological diseases", with the lecture "A modern approach to secure transfer techniques" we will present projects outputs: e learning, handbook and interactive handbook.
- 2. October, on 8th, 2022 International Scientific and Professional Conference "Physiotherapy in Sports, Recreation and Wellness". We will present the project outputs: e learning, handbook and interactive handbook.
- 3. November, 2022 professional lecture for physiotherapists under the "Croatian Council of physiotherapist". We will present the project outputs: e learning, handbook and interactive handbook, and will organize practical workshop.

Organizational level

From beginning of the next academic year 2022-2023 we plan to incorporate project's outputs into our curriculums on 1st and 2nd Bologna educational level: e learning, handbook, interactive handbook and practical demonstration. In the future we would like to implement project's outputs wider on the national level.

UCAM Applying STTch within our organization and more.

Our plan is to introduce STTch techniques, materials and equipment in different areas.

Among our students, as we work with future health care professionals, we are going to start to implement this knowledge in the following degrees and Masters:

- Nursing degree, in subjects as Geriatrics and Practicums.
- Masters in prevention of work-related risks, Masters in occupational health and Masters in geriatrics: attention to dependent people.

Other organizations outside our university with whom we've got close contact and relations.

- Different associations like ASPAYM that work with Physically disabled people. And Ayuda a domicilio (Home help), that work with dependent people on their own homes.
- Professional education: Nursing assistents.

With our students, we will use the STTch e-learnings and interactive manuals as well as practical workshops to show them the benefits of applying ergonomics and equipment for our own health and our patient's safety.

At UCAM University, we use simulation in a safe environment and hand on practices to gain a better understanding and confidence to apply newly acquired knowledge before using them with real patients.

We will organize seminars, participate in congress and bring this knowledge to directives and supervisors of nursing homes and associations, where they will experience, first hand, the benefits of the implementation of simple techniques and affordable materials.

The local heath equipment providers will be requested to distribute new materials and need to learn about them and help us spread their benefits among their clients. They'll be invited to participate in our workshops and events. Our idea is to follow up and keep improving manual handling techniques, health professional's security and patient's safety.

The plan is to start on the second semester of the academic year 2022-2023

What kind of dissemination activities did your partnership carry out and through which channels? Please also provide information on the feedback received.

DISSEMINATION ACTIVITIES:

- Multiplier events in each country (5 in total) and postings/news of these.
- Posts on the STTech LinkedIn several times 58 members of the group, approximately 160 viewings pr post.
- Posts on the STTech FB several times 306 followers of the group.
- Uploaded to EPALE and Eramus+ Project Result Platform.
- UCAM, Spain: TV news, Eramus+ days at the university, post on Twitter

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- VEVU, Croatia: local project dissemination, local TV news (2), post on Twitter, post on FB, post on Instagram, post on the press032.com portal, LinkedIn
- CYENS, Cyprus: web publication at AMEN (nursing home/day care center)
- Västerås, Sweden: web publication at Vasteras city intranet, Seminarium/workshop at Västmanlands region, Physiotherapy program council Malardalen University, e-mail sent to 120 medically responsible for rehabilitation (MAR) in Sweden
- VIA, Denmark: local event VIA University, Lunch talk event VIA University
- AAK, Denmark: workshop at national hospital, local transfer workshop, regional workshop, 45 min. speak at national conference in Denmark regarding transfers, posting in national magazine for occupational therapists.

FEEDBACK FROM PARTICIPANTS:

The participants indicated that

- · it provided them with new and updated knowledge
- · the content was relevant to their work
- the event had helped them to reflect on their usual practice
- the knowledge acquired could be applied in their work and in the technical teaching of transfers
- they would follow the "Safe Transfer Techiques STTech" on social networks
- they were interested in the results of the project (e-learning and virtual reality).

The following are quotes from the participants:

- "The involvement and enthusiasm for helping to improve the quality of life of dependent and elderly people and their carers".
- "The involvement of the University in updating the contents and training.
- "The event has been very interesting, current and often, it has been presented in different manuals. And new tools are proposed and enjoyable, what is in different manuals has been presented, and new tools are proposed and this is fundamental for the work".
- "More visibility should be given to these issues".
- "The presenters' approach to dissemination and the informal way the conference went on that you all made presentations without it seemed disruptive. I appreciate the alternation between theoretical approach and the practical examples from the project. Very exciting to hear about the approach of the different countries it is always interesting to reflect on others"
- "Thank you for an inspiring and exciting conference. A good mix of theory and ideas for practice. Have been struggling with the question of when to be 1 or 2 staff for transfers, which I have received good input to answer. I look forward to reading your book and e-learning program."
- "Really good presentations with evidence of progress and results. Very tangible and transferable to own practice with a handbook that can be used and taken as a starting point in relation to future teaching"
- "The structure was good and the teachers' ability to communicate were good. The conference helped me reflect on how we do it in general. What I also reflected on is how we better ensure peer education and get people inspired to provide peer education without bad habits. I am really excited about the e-learning and VR part. We have discussed it for many years, to get a finished product, you can even adjust yourself is perfect. High praise for the part of e-learning that was shown yesterday."
- Very interesting, useful, I'm just sorry that the patient transfer equipment is no longer used in the implementation of the health care procedure
- praise for hard work, the result of which will help many
- a great and instructive event
- interesting presentations of lectures, believes that this will help the staff of the institution where I work, thank you for the extremely important education
- I am delighted with the project, extremely important and new information. It is nice to meet new ways, I will try to apply the practice in my work
- thank you for the invitation and all praise for the project
- "I really enjoyed the conference presentations which I found inspiring. If this is the future of learning I believe that it holds strong promises. I hope for the project to evolve and include more learning materials. If this happens, I will gladly participate in their future activities"
- "I enjoyed the Virtual Reality application for learning purposes. I found the application particularly useful and so I suggest for the app be available through App Store to support iPhones as well. I feel that is a shame to lose such an opportunity only because the iPhone platform is not yet compatible with the technology"
- · Good with different languages on the website.
- Useful in my job. Good that it is open to everyone.
- I will show it to other colleagues who are instructors in transfer technology.

Erasmus+ promotes an open access requirement for all materials produced through its projects. In case your project has produced intellectual outputs/tangible deliverables, please describe if and how you have promoted free access to them by the public. In case a limitation was imposed for the use of the open licence, please specify the reasons, extent and nature of this limitation.

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The outcomes of the project are:

- · Guidelines and Toolkit
- E-learning
- Virtual Reality
- Interactive Handbook including Web Visit Spot
- Website

All outcomes have been uploaded to the project's website to ensure open educational ressources and open access to anyone interested in the project.

All outcomes can be downloaded and adjusted to fit the users needs.

The website - containing all the outcomes - has been promoted at any possible dissemination activity as well as on social media (the STTech Facebook and LinkedIn account) as well as on the partner organisation's social media.

There are no limitations in the use of the materials.

How have you ensured that the project's results will remain available and be used by others?

The project's results/materials have been uploaded to the project's website - it is free and open to anyone interested. The website is a part of Municipality of Aarhus's website and will remain open and updated, the materials will therefore remain available.

All partners in the project have included implementation of the materials not yet implemented in their own organisation as well as dissemination to others as part of their follow-up strategy - it is safe to say that the materials will keep being used by others.

How did you see the potential to use this project's approach in other projects on a larger scale and/or in a different field or area?

This project's approach has a lot of potential. All partners were included in writing the application in which the IOs were defined in underlying activities. Each partner made their own description of the output they were responsible of and the inclusion of the other partners in the activities were discussed in online meetings during the process of writing the application. Everyone felt an ownership and a responsibility to get the outputs done, follow the timelines, reach the milestones and keep the deadlines in cooperation with each other.

All partners also had a member on the Project Management Board, which secured a democratic process, when decisions had to be made or changed during the project. We had to postpone several TPMs and even cancel some as well as the LTT due to Covid19. Otherwise, the project followed the planning from the application, and everyone knew when and what to deliver.

As the lead manager it was a pleasure to lead the project - we had minor misunderstandings, that were quickly resolved, but no conflicts at all. There was a friendly tone and a good work environment in the group in writing and on meetings. There was a relaxed atmosphere, and everyone felt heard and welcomed in the group.

I will definitely use this projects approach if I will be leading another project in the future - the only thing I would change is that the partners meet in the beginning of the project, to get to know each other on a more personal level (due to Covid19 we were a year into the project before we met!).

6.3. Sustainability

What are the activities and results that will be maintained after the end of the EU funding, and how will you ensure the resources needed to sustain them?

The following activities and results are maintained and sustained:

- The outputs/tools of the project have been uploaded to EPALE platform as part of the intellectual output 4 Open Educational Resources.
- The outputs/tools of the project have been uploaded to the Erasmus+ Projects Results Platform as part of the intellectual output 4 Open Educational Resources.
- The outputs/tools of the project have been uploaded to the STTech's website, which is hostet, maintained and updated by the Municipality of Aarhus for at least 5 years after the end of EU funding (and probably longer) to ensure the continued well-functioning of portal services and a high level of user satisfaction with the services and products provided by the portal.

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The outputs/tools on the website are:

- Intellectual Output 1 Guidelines and toolkit of safe transfer techniques
- Intellectual Output 2 Digital Tools (Virtual Reality program and E-learning program)
- Intellectual Output 3 Interactive handbook (Peer Learning Model) and Web Visit Spot

The partners will continue to disseminate and post on social media - a recent post on LinkedIn about the e-learning program was viewed by 2.136 persons.

The partners will follow the implementation plans they have developed (described in another section in "Follow-up"). Local workshops, national conferences and so on.

The partners have also agreed to do a follow-up online meeting six month after the project (date is set in November 2022) to hear about the dissemination/implementation activities each partner has worked with to exchange ideas and learn from each other.

Furthermore, the partners have discussed applying for funding to spin off projects within the same topic to keep developing tools and learning methods for Safe Transfer Techniques. And a university in Brazil has also been in contact, because they find the results very interesting and wish to start a new collaboration.

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7. Budget

this section gives a detailed overview of the final amount of the EU grant you request;

7.1. Budget Summary

			Drojost				L	earning/Tead	ching/Training	g Activities				
OID of the Organisation	Name of the Organisation	Country of the Organisation	Project Management and Implementation	Transnational Project Meetings	Intellectual Outputs	Multiplier Events	Travel	Individual Support	Linguistic Support	Exceptional Costs for Expensive Travel	Special Needs Support	Exceptional Costs	Exceptional Cost Guarantee	Total (Calculated)
E10183579	AARHUS KOMMUNE	Denmark	10,000.00	1,725.00	46,567.00	0.00	0.00	0.00	0.00	0.00	0.00	777.75	0.00	59,069.75
E10057751	CYENS - CENTRE OF EXCELLENCE	Cyprus	5,000.00	2,670.00	27,988.00	2,200.00	0.00	0.00	0.00	0.00	0.00	1,500.00	0.00	39,358.00
E10137375	College of Applied Sciences Lavoslav Ruzicka in Vukovar	Croatia	5,000.00	2,875.00	12,352.00	3,275.00	0.00	0.00	0.00	0.00	0.00	162.00	0.00	23,664.00
E10158141	FUNDACION UNIVERSITARIA SAN ANTONIO	Spain	5,000.00	3,800.00	16,020.00	420.00	0.00	0.00	0.00	0.00	0.00	1,557.75	0.00	26,797.75
E10178517	VIA UNIVERSITY COLLEGE	Denmark	5,000.00	1,150.00	31,844.00	4,250.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	42,244.00
E10251013	Västerås stad, vård och omsorgsförvaltningen	Sweden	5,000.00	1,725.00	34,036.00	2,000.00	0.00	0.00	0.00	0.00	0.00	904.50	0.00	43,665.50
Total			35,000.00	13,945.00	168,807.00	12,145.00	0.00	0.00	0.00	0.00	0.00	4,902.00	0.00	234,799.00

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7.1.1. Project Total Amount

Project Total Amount Reported (Calculated)

Please provide any further comments you may have concerning the above figure.

7.2. Project management and implementation

OID of the Organisation	Role of the Organisation	Name of the Organisation	Country of the Organisation	Total
E10057751	Partner	CYENS - CENTRE OF EXCELLENCE	Cyprus	5,000.00
E10137375	Partner	College of Applied Sciences Lavoslav Ruzicka in Vukovar	Croatia	5,000.00
E10178517	Partner	VIA UNIVERSITY COLLEGE	Denmark	5,000.00
E10183579	Beneficiary	AARHUS KOMMUNE	Denmark	10,000.00
E10158141	Partner	FUNDACION UNIVERSITARIA SAN ANTONIO	Spain	5,000.00
E10251013	Partner	Västerås stad, vård och omsorgsförvaltningen	Sweden	5,000.00
			Total	35,000.00

7.3. Transnational Project Meetings

OID of the Sending Organisation	Name of the Organisation	Country of the Organisation	Total No. of Meetings	Total Number of Participants in All Meetings	Distance Band	Grant per participant	Total (Calculated)
E10057751	CYENS - CENTRE OF EXCELLENCE	Cyprus	1	2	>= 2000 km	0.00	0.00
E10057751	CYENS - CENTRE OF EXCELLENCE	Cyprus	1	1	>= 2000 km	760.00	760.0
E10057751	CYENS - CENTRE OF EXCELLENCE	Cyprus	1	2	100 - 1999 km	575.00	1,150.00
E10057751	CYENS - CENTRE OF EXCELLENCE	Cyprus	1	1	>= 2000 km	0.00	0.00
E10057751	CYENS - CENTRE OF EXCELLENCE	Cyprus	1	1	>= 2000 km	0.00	0.0
E10057751	CYENS - CENTRE OF EXCELLENCE	Cyprus	1	1	>= 2000 km	760.00	760.0
E10137375	College of Applied Sciences Lavoslav Ruzicka in Vukovar	Croatia	1	3	100 - 1999 km	0.00	0.0
E10137375	College of Applied Sciences Lavoslav Ruzicka in Vukovar	Croatia	1	3	100 - 1999 km	575.00	1,725.0
E10137375	College of Applied Sciences Lavoslav Ruzicka in Vukovar	Croatia	1	6	0 - 99 km	0.00	0.0

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0.0	0.00	100 - 1999 km	2	1	Croatia	College of Applied Sciences Lavoslav Ruzicka in Vukovar	E10137375
0.0	0.00	100 - 1999 km	4	1	Croatia	College of Applied Sciences Lavoslav Ruzicka in Vukovar	E10137375
1,150.0	575.00	100 - 1999 km	2	1	Croatia	College of Applied Sciences Lavoslav Ruzicka in Vukovar	E10137375
0.0	0.00	>= 2000 km	5	1	Spain	FUNDACION UNIVERSITARIA SAN ANTONIO	E10158141
2,280.0	760.00	>= 2000 km	3	1	Spain	FUNDACION UNIVERSITARIA SAN ANTONIO	E10158141
0.0	0.00	100 - 1999 km	5	1	Spain	FUNDACION UNIVERSITARIA SAN ANTONIO	E10158141
0.0	0.00	0 - 99 km	7	1	Spain	FUNDACION UNIVERSITARIA SAN ANTONIO	E10158141
0.0	0.00	>= 2000 km	4	1	Spain	FUNDACION UNIVERSITARIA SAN ANTONIO	E10158141
1,520.0	760.00	>= 2000 km	2	1	Spain	FUNDACION UNIVERSITARIA SAN ANTONIO	E10158141
0.0	0.00	0 - 99 km	2	1	Denmark	VIA UNIVERSITY COLLEGE	E10178517
0.0	0.00	0 - 99 km	2	1	Denmark	VIA UNIVERSITY COLLEGE	E10178517
575.0	575.00	100 - 1999 km	1	1	Denmark	VIA UNIVERSITY COLLEGE	E10178517
0.0	760.00	>= 2000 km	0	1	Denmark	VIA UNIVERSITY COLLEGE	E10178517
0.0	0.00	0 - 99 km	2	1	Denmark	VIA UNIVERSITY COLLEGE	10178517
575.0	575.00	100 - 1999 km	1	1	Denmark	VIA UNIVERSITY COLLEGE	10178517
0.0	0.00	0 - 99 km	2	1	Denmark	AARHUS KOMMUNE	10183579
0.0	0.00	0 - 99 km	7	1	Denmark	AARHUS KOMMUNE	10183579
1,150.0	575.00	100 - 1999 km	2	1	Denmark	AARHUS KOMMUNE	E10183579
0.0	0.00	>= 2000 km	1	1	Denmark	AARHUS KOMMUNE	E10183579
0.0	0.00	0 - 99 km	1	1	Denmark	AARHUS KOMMUNE	E10183579
575.0	575.00	100 - 1999 km	1	1	Denmark	AARHUS KOMMUNE	E10183579
0.0	0.00	100 - 1999 km	3	1	Sweden	Västerås stad, vård och omsorgsförvaltningen	E10251013
1,725.0	575.00	100 - 1999 km	3	1	Sweden	Västerås stad, vård och omsorgsförvaltningen	E10251013
0.0	0.00	100 - 1999 km	3	1	Sweden	Västerås stad, vård och omsorgsförvaltningen	E10251013
0.0	0.00	>= 2000 km	3	1	Sweden	Västerås stad, vård och omsorgsförvaltningen	E10251013
0.0	0.00	100 - 1999 km	3	1	Sweden	Västerås stad, vård och omsorgsförvaltningen	E10251013
0.0	0.00	0 - 99 km	3	1	Sweden	Västerås stad, vård och omsorgsförvaltningen	E10251013
13,945.0	Total						

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7.4. Intellectual Outputs

OID of the Organisation	Name of the Organisation	Country of the Organisation	Output Identification	Category of Staff	No. Of Working Days	Grant per Day	Total (Calculated)
				Managers	0	0.00	0.00
E10251013	Västerås stad, vård och omsorgsförvaltningen	Sweden	01	Teachers/Trainers/Researchers/Youth Workers	32	241.00	7,712.00
				Technicians	0	0.00	0.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10251013	Västerås stad, vård och omsorgsförvaltningen	Sweden	O2	Teachers/Trainers/Researchers/Youth Workers	26	241.00	6,266.00
				Technicians	12	190.00	2,280.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10183579	3579 AARHUS KOMMUNE	Denmark	04	Teachers/Trainers/Researchers/Youth Workers	20	241.00	4,820.00
				Technicians	28	190.00	5,320.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10137375	College of Applied Sciences Lavoslav Ruzicka in Vukovar	Croatia	01	Teachers/Trainers/Researchers/Youth Workers	32	74.00	2,368.00
	vukoval			Technicians	0	55.00	0.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10183579	AARHUS KOMMUNE	Denmark	01	Teachers/Trainers/Researchers/Youth Workers	32	241.00	7,712.00
				Technicians	0	0.00	0.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10137375	College of Applied Sciences Lavoslav Ruzicka in Vukovar	Croatia	O2	Teachers/Trainers/Researchers/Youth Workers	26	74.00	1,924.00
	vunovai			Technicians	12	55.00	660.00
				Administrative support staff	0	0.00	0.00

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				Managers	0	0.00	0.00
E10158141	FUNDACION UNIVERSITARIA SAN ANTONIO	Spain	O2	Teachers/Trainers/Researchers/Youth Workers	16	137.00	2,192.00
				Technicians	12	102.00	1,224.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10178517	VIA UNIVERSITY COLLEGE	Denmark	O2	Teachers/Trainers/Researchers/Youth Workers	18	241.00	4,338.00
				Technicians	13	190.00	2,470.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10137375	College of Applied Sciences Lavoslav Ruzicka in Vukovar	Croatia	04	Teachers/Trainers/Researchers/Youth Workers	35	74.00	2,590.00
	vulovai			Technicians	0	55.00	0.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10183579	E10183579 AARHUS KOMMUNE	Denmark	O2	Teachers/Trainers/Researchers/Youth Workers	44	241.00	10,604.00
				Technicians	56	190.00	10,640.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10057751	CYENS - CENTRE OF EXCELLENCE	Cyprus	O3	Teachers/Trainers/Researchers/Youth Workers	37	137.00	5,069.00
				Technicians	0	0.00	0.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10057751	CYENS - CENTRE OF EXCELLENCE	Cyprus	01	Teachers/Trainers/Researchers/Youth Workers	32	137.00	4,384.00
				Technicians	0	0.00	0.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10057751	CYENS - CENTRE OF EXCELLENCE	Cyprus	O2	Teachers/Trainers/Researchers/Youth Workers	71	137.00	9,727.00
				Technicians	38	102.00	3,876.00
				Administrative support staff	0	0.00	0.00

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				Managers	0	0.00	0.00
E10158141	FUNDACION UNIVERSITARIA SAN ANTONIO	Spain	01	Teachers/Trainers/Researchers/Youth Workers	32	137.00	4,384.00
				Technicians	0	0.00	0.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10178517	VIA UNIVERSITY COLLEGE	Denmark	O3	Teachers/Trainers/Researchers/Youth Workers	27	241.00	6,507.00
				Technicians	0	0.00	0.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10183579	AARHUS KOMMUNE	Denmark	O3	Teachers/Trainers/Researchers/Youth Workers	31	241.00	7,471.00
				Technicians	0	0.00	0.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10158141	FUNDACION UNIVERSITARIA SAN ANTONIO	Spain	О3	Teachers/Trainers/Researchers/Youth Workers	30	137.00	4,110.00
				Technicians	0	0.00	0.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10158141	FUNDACION UNIVERSITARIA SAN ANTONIO	Spain	O4	Teachers/Trainers/Researchers/Youth Workers	30	137.00	4,110.00
				Technicians	0	102.00	0.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10178517	VIA UNIVERSITY COLLEGE	Denmark	04	Teachers/Trainers/Researchers/Youth Workers	21	241.00	5,061.00
				Technicians	10	190.00	1,900.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10178517	VIA UNIVERSITY COLLEGE	Denmark	01	Teachers/Trainers/Researchers/Youth Workers	48	241.00	11,568.00
				Technicians	0	0.00	0.00
				Administrative support staff	0	0.00	0.00

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				Managers	0	0.00	0.00
E10137375	College of Applied Sciences Lavoslav Ruzicka in Vukovar	Croatia	O3	Teachers/Trainers/Researchers/Youth Workers	65	74.00	4,810.00
	vukovai			Technicians	0	0.00	0.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10251013	Västerås stad, vård och omsorgsförvaltningen	Sweden	O3	Teachers/Trainers/Researchers/Youth Workers	30	241.00	7,230.00
				Technicians	0	0.00	0.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10057751	CYENS - CENTRE OF EXCELLENCE	Cyprus	O4	Teachers/Trainers/Researchers/Youth Workers	36	137.00	4,932.00
				Technicians	0	102.00	0.00
				Administrative support staff	0	0.00	0.00
				Managers	0	0.00	0.00
E10251013	Västerås stad, vård och omsorgsförvaltningen	Sweden	O4	Teachers/Trainers/Researchers/Youth Workers	28	241.00	6,748.00
				Technicians	20	190.00	3,800.00
				Administrative support staff	0	0.00	0.00
				Total	1000		168,807.00

7.5. Multiplier Events

OID of the Organisation Organising the Event	Name of the Organisation	Country of the Organisation	Event Identification	Country of Venue	No. of Local Participants Physical Activities	Grant per local Participant Physical Activities	No. of Foreign Participants Physical Activities	Grant per Foreign Participant Physical Activities	No. of Participants in Virtual Activities	Grant per Participant in Virtual Activites	Total Amount (Calculated)
E10178517	VIA UNIVERSITY COLLEGE	Denmark	E1	Denmark	11	100.00	0	200.00	0	0.00	1,100.00
E10158141	FUNDACION UNIVERSITARIA SAN ANTONIO	Spain	E2	Spain	0	0.00	0	0.00	28	15.00	420.00
E10178517	VIA UNIVERSITY COLLEGE	Denmark	E6	Denmark	0	0.00	0	0.00	210	15.00	3,150.00

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E10137375	College of Applied Sciences Lavoslav Ruzicka in Vukovar	Croatia	E7	Croatia	0	0.00	0	0.00	45	15.00	675.00
E10251013	Västerås stad, vård och omsorgsförvaltningen	Sweden	E5	Sweden	20	100.00	0	200.00	0	0.00	2,000.00
E10137375	College of Applied Sciences Lavoslav Ruzicka in Vukovar	Croatia	E3	Croatia	26	100.00	0	200.00	0	0.00	2,600.00
E10057751	CYENS - CENTRE OF EXCELLENCE	Cyprus	E4	Cyprus	22	100.00	0	200.00	0	0.00	2,200.00
			Total		79	400.00	0	800.00	283	45.00	12,145.00

7.6. Learning/Teaching/Training Activities

7.6.1. Travel

OID of the Sending Organisation	Name of the Organisation	Country of the Organisation	Activity No.	Activity Type	Distance Band	Travel Grant per Participant	No. of Participants	Exceptional Costs for Expensive Travel	Total (Calculated)
						Total	0	0.00	0.00

7.6.2. Individual Support

7.6.2.1. Short-term Learning/Teaching/Training Activities

This section doesn't apply for this project

7.6.2.2. Long-term Learning/Teaching/Training Activities

This section doesn't apply for this project

7.6.3. Linguistic Support

This section doesn't apply for this project

7.6.4. Exceptional Costs for Expensive Travel

This section doesn't apply for this project

7.7. Special Needs Support

This section doesn't apply for this project

7.8. Exceptional Costs

OID of the ID Oracle discription and Justification Total Grant Requested Requested

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	Organisation	Organisation	Organisation		Cost	(75%)
1	E10183579	AARHUS KOMMUNE	Denmark	All the outputs have been created in English as the working language, so it was possible for all partners to work together on the products. After the completion of each product, all the partners had the responsibility to translate the Guidelines, Toolkit, Virtual Reality, E-learning program, Interactive Handbook and the projects website to their native language (text and audiofiles) and to embed it in the programs. To ensure this was done in a professional way, the exceptional costs for each country have been spent to cover the expenses of subcontracting this task. The translation was essential because the outputs are created for caregivers (both professional - public servants and private ones) and to avoid language barriers the abovementioned tools were translated to Greek, Spanish, Swedish, Croatian and Danish. Also to achieve the best possible use of the tools and widest possible range of users of the tools. The translation included texts as well as audiofiles (for the virtual reality program and e-learning program). The texts and audiofiles was embedded in the various digital tools, which included producing all necessary media files and implementing the adapted content in the authoring tool Articulate Storyline. The exceptional costs were also spent on buying low cost Virtual Reality glasses for the partners who did not have this already.	1,037.00	777.7
2	E10251013	Västerås stad, vård och omsorgsförvaltningen	Sweden	All the outputs have been created in English as the working language, so it was possible for all partners to work together on the products. After the completion of each product, all the partners had the responsibility to translate the Guidelines, Toolkit, Virtual Reality, E-learning program, Interactive Handbook and the projects website to their native language (text and audiofiles) and to embed it in the programs. To ensure this was done in a professional way, the exceptional costs for each country have been spent to cover the expenses of subcontracting this task. The translation was essential because the outputs are created for caregivers (both professional - public servants and private ones) and to avoid language barriers the abovementioned tools were translated to Greek, Spanish, Swedish, Croatian and Danish. Also to achieve the best possible use of the tools and widest possible range of users of the tools. The translation included texts as well as audiofiles (for the virtual reality program and e-learning program). The texts and audiofiles was embedded in the various digital tools, which included producing all necessary media files and implementing the adapted content in the authoring tool Articulate Storyline.	1,206.00	904.5
3	E10057751	CYENS - CENTRE OF EXCELLENCE	Cyprus	All the outputs have been created in English as the working language, so it was possible for all partners to work together on the products. After the completion of each product, all the partners had the responsibility to translate the Guidelines, Toolkit, Virtual Reality, E-learning program, Interactive Handbook and the projects website to their native language (text and audiofiles) and to embed it in the programs. To ensure this was done in a professional way, the exceptional costs for each country have been spent to cover the expenses of subcontracting this task. The translation was essential because the outputs are created for caregivers (both professional - public servants and private ones) and to avoid language barriers the abovementioned tools were translated to Greek, Spanish, Swedish, Croatian and Danish. Also to achieve the best possible use of the tools and widest possible range of users of the tools. The translation included texts as well as audiofiles (for the virtual reality program and e-learning program). The texts and audiofiles was embedded in the various digital tools, which included producing all necessary media files and implementing the adapted content in the authoring tool Articulate Storyline.	2,000.00	1,500.0
4	E10158141	FUNDACION UNIVERSITARIA SAN ANTONIO	Spain	All the outputs have been created in English as the working language, so it was possible for all partners to work together on the products. After the completion of each product, all the partners had the responsibility to translate the Guidelines, Toolkit, Virtual Reality, E-learning program, Interactive Handbook and the projects website to their native language (text and audiofiles) and to embed it in the programs. To ensure this was done in a professional way, the exceptional costs for each country have been spent to cover the expenses of subcontracting this task. The translation was essential because the outputs are created for caregivers (both professional - public servants and private ones) and to avoid language barriers the abovementioned tools were translated to Greek, Spanish, Swedish, Croatian and Danish. Also to achieve the best possible use of the tools and widest possible range of users of the tools. The translation included texts as well as audiofiles (for the virtual reality program and e-learning program). The texts and audiofiles was embedded in the various digital tools, which included producing all necessary media files and implementing the adapted content in the authoring tool Articulate Storyline.	2,077.00	1,557.7
5	E10137375	College of Applied Sciences Lavoslav Ruzicka in Vukovar	Croatia	All the outputs have been created in English as the working language, so it was possible for all partners to work together on the products. After the completion of each product, all the partners had the responsibility to translate the Guidelines, Toolkit, Virtual Reality, E-learning program, Interactive Handbook and the projects website to their native language (text and audiofiles) and to embed it in the programs. To ensure this was done in a professional way, the exceptional costs for each country have been spent to cover the expenses of subcontracting this task. The translation was essential because the outputs are created for caregivers (both professional - public servants and private ones) and to avoid language barriers the abovementioned tools were translated to Greek, Spanish, Swedish, Croatian and Danish. Also to achieve the best possible use of the tools and widest possible range of users of the tools. The translation included texts as well as audiofiles (for the virtual reality program and e-learning program). The texts and audiofiles was embedded in the various digital tools, which included producing all necessary media files and implementing the adapted content in the authoring tool Articulate Storyline. The exceptional costs were also spent on buying low cost Virtual Reality glasses for the partners who did not have this already.	216.00	162.0
				Total	6,536.00	4,902.0

7.9. Exceptional costs - Guarantee

This section doesn't apply for this project

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8. Annexes

additional documents that are mandatory for the completion of the report;

Please note that all documents mentioned below need to be attached here before you submit your form online. Before submitting your report to the National Agency, please check that:

- all necessary information on your project have been encoded in Mobility Tool+
- The report form has been completed using one of the mandatory languages specified in the Grant Agreement.
- you have annexed all the relevant documents:
- the Declaration of Honour signed by the legal representative of the beneficiary organisation.
- the necessary supporting documents as requested in the grant agreement.
- You have saved or printed the copy of the completed form for yourself.
- you have uploaded the relevant results on the Erasmus+ Project Results Platform:

List of uploaded files

- F2-MENTXU 4.10.21 SPAIN2.pdf
 0.13 Mb
 14 days ago
- UR 438-2021 CROATIA2.pdf
 0.30 Mb
 5 days ago
- UR 481-2021 CROATIA3.pdf
 0.34 Mb
 5 days ago
- Invoice Tolkservice translation STT SWEDEN.pdf
 0.01 Mb
 14 days ago
- F3-LDOS 29.03.22 SPAIN1.pdf
 0.14 Mb
 14 days ago
- F1-LDOS 18.05.21 SPAIN3.pdf
 0.67 Mb
 14 days ago
- UR 124-2022 CROATIA1.pdf 0.39 Mb 5 days ago
- CYENS faktura CYPRUS.pdf
 0.92 Mb
 14 days ago
- Declaration of Honour_signed.pdf DOH
 0.04 Mb
 14 days ago
- Faktura translation Aarhus, DK.pdf
 0.07 Mb
 14 days ago

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